



JEFFERSON PARK NEWS

www.jpun.org

A PUBLICATION OF JEFFERSON PARK UNITED NEIGHBORS



GROUPS

General Membership Meeting & Land-Use Committee Meeting

Land-Use Committee Meeting:
Thursday, August 13 at 6:30 p.m.

General Membership Meeting
will be combined with
"Dog Days of Summer,"
A National Night Out
celebration & community potluck
Jefferson Park Pavilion/Playground
Tuesday, August 4, 6:30-8 p.m.
FREE

Music @ Jefferson Park 2015

Shelvis & the Roustabouts
Sunday, August 23, 5:30-7:30 p.m.
FREE

Food trucks and ice cream
will be available

Volunteers are needed for
setup and tear down.
Please email info@jpun.org

MAKE A TAX DEDUCTIBLE GIFT TO SUPPORT JPUN

As a non-profit 501(c)3
organization, your JPUN
contribution is tax deductible.
Send your contribution to:
JPUN, 2606 1/2 River Dr.
Denver, CO 80211



Get neighborhood updates at
www.jeffersonpark.nextdoor.com
and JPUN.org



E-Newsletter Drive

If you want to "go-green," or
perhaps you live in a secure building
where volunteers can't distribute
complimentary copies of the
newsletter to every doorstep, please
consider signing up for JPUN's
electronic color newsletter.

You may continue to receive a hard
copy of the newsletter from time to
time. Feel free to share this with a
friend, a new neighbor or consider
posting a copy in your building's
common area to keep everyone
in your complex abreast of what's
happening in Jeff Park.

Send your e-news request to
jeffparknews@gmail.com and type
"E-NEWS PLEASE" in the
subject line.

'Dog Days of Summer' Pooch Party & Community Potluck Aug. 4

By Nicole DeJarnatt

Come join the "Dog Days of Summer" canine festivities and community potluck on Tuesday, August 4 from 6:30-8:00 p.m. at the Jefferson Park Pavilion (brick structure east of the playground near 23rd Ave. & Clay St.).

Co-sponsored by **JPUN** and **Urban Vet Care**, this inaugural event is being held in conjunction with National Night Out and Denver Days as a way to get neighbors – two-and four-legged – more involved in the community.

All friendly dogs are welcome! There will be a puppy pool splash pad, a mobile grooming station offering brush outs, aromatherapy sprays and other services, a photo booth with Broncos-themed dog attire, delicious treats, coupons and tons of fun for you and your pooch. Stock up on FREE schWAG for your fur-babies and enter to win a grand prize drawing that includes a complimentary dog wash service.

Volunteers from **Riverside Church** will be grilling up hot dogs and hamburgers for all the "pawrents." **Please bring a side dish, dessert or something to share with your neighbors.** Don't forget to BYOB – bring your own (poo) bags!



DOG DAYS OF SUMMER
IS SPONSORED BY:



Thank you to our co-sponsor, **Urban Vet Care**, and all of the local businesses who have graciously donated their time, talents, products and services to make this event "pawsible." Please be sure to stop by and support them:

- Daily Wag
- Denver Parks & Recreation
- Federal Bar & Grill
- Jefferson Park United Neighbors
- Jerry Olson (photography)
- Mile High Pup Stop
- Mouthfuls
- Pooch Mobile
- Republic of Paws
- Riverside Church
- Urban Vet Care



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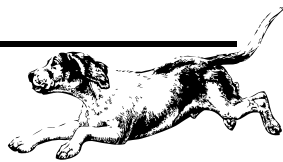
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All copy/photos/advertisements submitted to the Jefferson Park United Neighbors Newsletter will be edited and reviewed by our volunteer staff for style, grammar and content. JPUN reserves the right to refuse publication of any submitted material that does not meet our standards for a positive, informative, educational community newsletter.

Jefferson Park Pet of the Month



GRIZZ

Hello, my name is Grizz. Some of you might have seen me greeting everyone at The 2914 Coffee Shop near the Jefferson Park Square, or peeking in the door looking for my coffee cookies. I love everyone I meet and I like to think I'm pretty irresistible. I like my life-sized teddy bear, and I sometimes even make my mom take it in the car with us. Life is just better with a good cuddle!

Would you like to see your pet featured? Please send a photo and a few tidbits about your favorite pet to jeffparknews@gmail.com. JPUN reserves the right to edit all submissions.

WALK, BIKE OR BUS THERE FROM HERE

Sun Valley Community Block Party

Saturday, August 1, 12-5 p.m.

2721 W. Holden Place, Denver, CO 80204
www.gofundme.com/sunvalleydenverday
FREE Admission; donations needed



Ink Mostr & the Sun Valley Community Coalition Present: The Sun Valley Community Block Party for the 3rd Annual Denver Days. There will be music, crafts, and games in addition to giveaways.

Car2go will also be hosting a school supply drive for the Sun Valley Community. If you would like to participate, please drop off donations at the block party.

The Big Wonderful Central Marketplace

Saturdays, 12-7:30 p.m.

2500 Lawrence St.
thebigwonderful.com
FREE

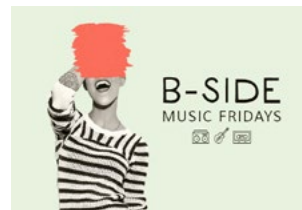


The Big Wonderful is a sustainable, new outdoor market that blends food, flea, and entertainment. The market features a large, outdoor craft beer garden built out of a storage container, beach volleyball, an urban farm, a full stage of entertainment, vendors, and more. The weekly event features 1/3 food, 1/3 crafts, and 1/3 music in a 3-acre setting.

B-Side Music Fridays

Fridays, 5-8 p.m.

MCA, 1485 Delgany St.
mcadenver.org/index.php
Cost: General admission



The Museum of Contemporary Art Denver offers B-Side Music

Fridays, a live music series in which local musicians play on the MCA rooftop garden. Enjoy an intimate performance by musicians from some of Denver's top indie bands, while sipping on crafted cocktails and relaxing on one of the best rooftop decks in Denver.

USA Pro Challenge

Monday, August 17-Friday, August 21

Civic Center Park, E. Broadway Ave. & Colfax
www.usaprochallenge.com/
FREE



The USA Pro Challenge is the most demanding bike race ever held on American soil, with racers experiencing breathless altitudes, day after day. The race is on the level of the Tour de France, bringing the high speeds, danger, and adrenaline of professional biking to elevations over two miles-high in some of the most picturesque terrain in the world – the Colorado Rocky Mountains.

BUSINESS BANTER

5 Minutes With Mark Snipe

Owner
Sully & Co.
2443 Eliot Street
Denver, CO 80211
720-398-8064
sullyandco.com



Sully & Co

How long have you been in business? We have been in business since September 2014.

How long have you been in Jefferson Park? September 2014.

Number of employees? 2

Why did you choose your Jeff Park location? I chose Jefferson Park because I liked the idea of locating my store in a neighborhood that was growing and evolving, but also retaining a bit of what made it interesting.

How can your business benefit the residents of Jefferson Park? We are a clothing store so we believe when people dress well and look spectacular, it bodes well for their psyche.

Are there any unusual or unique things about your business that you'd like readers to know about? What makes Sully & Co. unique is that we only sell American-made product. This makes us feel, in a small way, that we are doing our part to keep jobs and dollars in the USA.

What do you like about doing business in Jefferson Park? Jefferson Park is a great neighborhood that has kept its community feel. It is very accessible and welcoming. When I walk Sully, my dog, I can grab an Americano at 2914 Coffee on my route. I can also eat dinner at Sarto's or poke my head into Jefferson Park Pub; I see folks I have gotten to know and that feels great.

What is challenging about running your business in Jeff Park? Regardless of the neighborhood, retail has its ups and downs. This is what makes it fun and challenging at the same time. As Jefferson Park's business square develops, it will give people a reason to stay and walk around. This will be a boon to Sully & Co.

What do you think about all the changes going on in Jefferson Park? I like change, and I know that I am part of the transformation occurring in Jefferson Park. Sometimes the charm that made a neighborhood attractive can be diminished as it converts. Hopefully, Jefferson Park's evolution retains the charming aspects and improves on the ones that people feel need to be improved.

What's next for your business? I will continue working to establish Sully & Co. as the "go-to" location for the sartorially astute man. Eventually, I'd like to open additional locations, but I am focusing on the present and on creating a great shopping environment for the Denver man.

Tell Your Business Story! Tell the story of your Jefferson Park business with a Business Banter feature in the JPUN newsletter. To learn more, contact njeffparknews@gmail.com.

VOLUNTEERS NEEDED

TO DELIVER THIS NEWSLETTER

Do you want to see the JPUN newsletter before most folks do?

Help deliver the newsletters!

Volunteers are needed to canvas a section of our Jeff Park neighborhood with paper newsletters every month.

Delivery sections cover only a few blocks and delivery does not take much of your time. Newsletter delivery takes place right before the first of every month. If you are interested, please call Brooke Bailey at 303-667-1710 or email her at kromer2036@yahoo.com.



Drinkin' Good in the Neighborhood

Jefferson Park's newest neighborhood pub
Stop by for a pint, a chat or a snack.



2445 Eliot St
Denver, CO 80211
JeffersonParkPub.com
Open Daily 3pm-2am

COMMUNITY

Children's Museum to Offer Free Joy Park Exhibit Nights



Joy Park: An Outdoor Adventure is the newest exhibit at the Children's Museum of Denver and brings 30,000 square feet of nature-based outdoor play to the heart of Denver. Complete with sand dunes, ruins, rivers and waterfalls, Joy Park is filled with elements found in Colorado's natural landscape, along with other active, heart-pumping features including a dueling zip line, a fort building area and a straw bale maze.



On Friday, August 21 from 4 p.m. until dusk, children and families are invited to get messy, explore and play in this one-of-a-kind experience for FREE during Joy Park Free Nights. The free night is made possible through a partnership with Denver Parks and Recreation and was created to offer all children in our community the opportunity to spend time outdoors, engaging with nature.

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YOUR JEFFERSON PARK TEAM



Angela Steiner



Linda Kukulski Miller

www.RealEstateDenverTeam.com



Shelvis and the Rustabouts to Rock the Park August 23rd

Mark your calendars for Sunday, Sunday, August 23 from 5:30 p.m. to 7:30 p.m. for the swinging sounds of Shelvis and the Roustabouts. Their 7-piece band, complete with go-go boots will bring their musical take on Elvis, Neil Diamond, Tom Jones, Johnny Cash and other early Sun Records right in the middle of Jefferson Park. You may even be lucky enough to catch a silk scarf from Shelvis as she roams the crowd singing and entertaining.

Lounging on the grassy bowls of the park is a great way to watch these concerts. Come early to stake out a picnic or enjoy food from our local restaurants Sexy Pizza and Sartos as well as Little Man Ice Cream. It is a great way to meet friends and neighbors, enjoy some great food and music, all within walking distance of your front door.

FREE CONCERTS
2
JULY AND AUGUST

**NORTHWEST DENVER'S
MUSIC *at*
JEFFERSON PARK
CORNER OF 22ND AVE AND DECATUR**

**SHELVIS AND THE
ROUSTABOUTS**

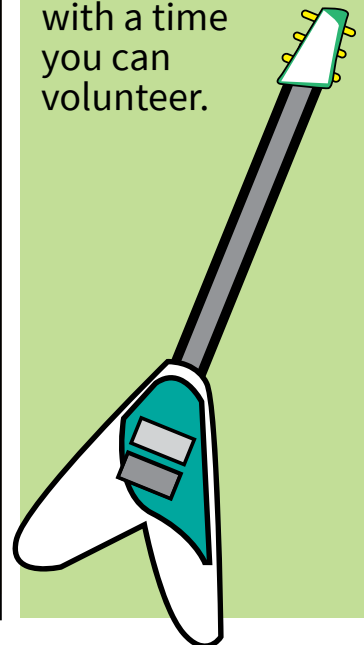
**SUNDAY, AUGUST 23RD
5:30P TO 7:30P**

We need your help!

Help is needed setting up and tearing down the stage. Without this help these concerts may not go on. Putting these concerts on is an all volunteer effort by JPUN.

Concert Setup
2pm-3:30pm
Concert Tear Down
7:30pm-8:30pm

Please email info@jpun.org with a time you can volunteer.



New Farm and Flea Market Takes Root in Jefferson Park

Beginning this August, the Jefferson Park neighborhood will soon be home to one of the most eclectic farmer's markets in Denver—The Jefferson Park Farm & Flea. The market will be held on 25th Avenue, between Federal and Eliot. The market will debut on August 8, with additional monthly markets to follow on

September 12, and October 10. Each market will feature approximately 50 vendors, food, music and more.

The Jefferson Park Farm & Flea is an urban marketplace dedicated to bringing the community the finest food, handmade items, vintage finds, quality produce and urban homesteading education and information. Market directors Doug and Amy Yetman live in the neighborhood and felt that the area was prime for hosting a market that would appeal to shoppers of all kinds and bring the community together.



“We know how much this neighborhood is evolving. We want to present a marketplace that is unique and community-oriented--blending local food, produce, antiques and more,” remarked Doug Yetman. “With so many people in our neighborhood gardening and urban homesteading, we also want to serve as a showcase for sharing enthusiasm and ideas around people producing their own food.”

The “JP Farm & Flea” is being presented by the Federal Boulevard Partnership and Yetman Creative Enterprises. Yetman Creative Enterprises owns and operates The Horseshoe Craft and Flea Market, Denver’s premier indie craft and vintage market, which was voted “Denver’s Best Flea Market” by the Denver Westword in 2011, 2012 and 2013.

The market will also feature a special program called “Bounty Bucks.” There are times of the year when many urban farmers and gardeners have a surplus of produce. The

JP & Flea is excited to be able to facilitate folks finding a worthy and appreciative recipient of that “bounty.” The market can help you turn your “bounty” into cash, while also helping out some deserving families in our community.



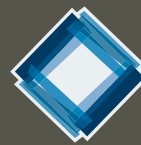
HOW IT WORKS:

- Bring your quality surplus to the Jefferson Park Farm & Flea
- Donate your surplus to Bienvenidos Food Bank
- Receive BOUNTY BUCKS for your donation.
- BOUNTY BUCKS can be used as CASH at any of the Jefferson Park Farm & Flea Vendors
- Your BOUNTY BUCKS serve as an economic catalyst for our vendors, helping put support hard working small business owners.
- At the end of each market, the BOUNTY we have collected will be donated to the food bank to help ensure that participating families have access to fresh, locally grown, nutritious produce.



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DEMOCRACY IN ACTION:
 Councilman-elect Rafael Espinoza was sworn in Monday, July 20, along with the Denver mayor, all city council members and officials at the Ellie Caulkins Opera House.
Photos by Jerry Olson.

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new clients only

or

\$10 off

for our familiar furry friends!

- excludes retail, food & specialty services
- not valid with other offers
- expires 12/1/2015



urbanvet

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www.urbanvetcare.com
303.477.1984

Betcha Didn't Know – Our Neighborhood Was Dry

During the late 1800s and early 1900s, the Highlands was a completely alcohol-free zone. In the years before Prohibition, a saloonkeeper could begin a business legally; however, the owner would first need to pay an excessive annual fee of \$5,000 (\$5,000 in 1900 equates to almost \$57,000 in 2015).



Business owners hoping to open saloons in the Highlands all declined that offer, but bars did blossom in Denver and nearby Edgewater. Any “Highlanders” hoping to indulge had to make their way across town lines.

Source: Images of America: Northwest Denver, by Mark A. Barnhouse

COMMUNITY

Denver Offering Residents Discounted Electric Vehicles and Solar

Denver residents have a great opportunity to purchase solar and/or an electric vehicle at a discounted rate in August through Solar Benefits Colorado. The City of Denver has partnered with VoteSolar and a number of other counties in Colorado in order to offer a group discount for solar and electric vehicles for a limited time. By having a large number of residents install solar at once, selected contractors will decrease the cost of these systems. The City of Denver is also working with electric vehicle manufacturers to decrease the costs of an electric vehicle purchase for this offer.



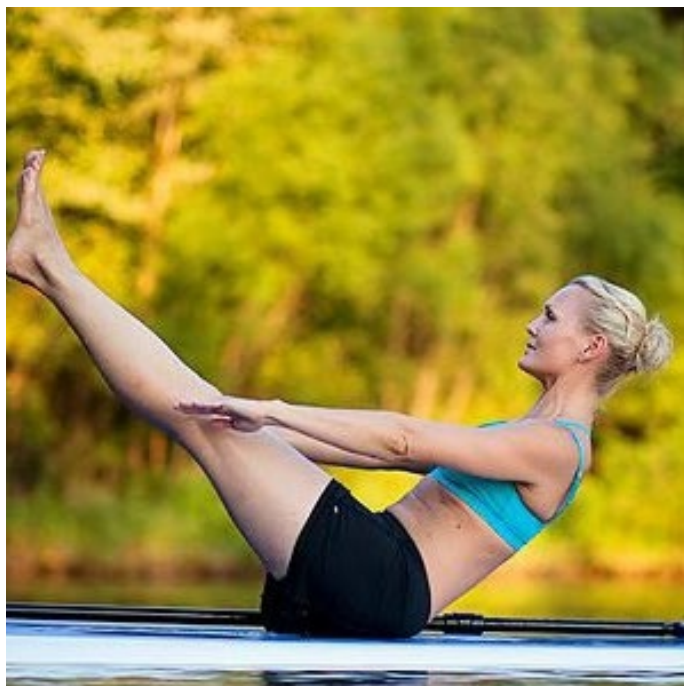
The offer will be available mid-August through mid-October. Contact the Denver Energy Challenge at www.denverenergy.org/residential-signup or call 720-865-5520 for more information. You can also call that number to contact a free and neutral energy advisor to alert you when this program officially launches.



WhatSUP with Dana the Denver Newbie

Who Says You Can't Have Fun in The Water in Colorado? (You can but don't forget to protect your skin when you do)

Dana Slagle
dmslagle@gmail.com



I lived on the Gulf Coast of Florida for nine years, then I spent nine years on a beautiful lake in North Carolina. When I broke the news to friends and family that I was moving to Colorado some people asked, "How will you live without the water? Won't you feel land-locked?" I wasn't sure how I would feel. I knew I would miss the water, especially since for at least five years, my "fun time" was spent on a stand up paddleboard (SUP). I am happy to say that I don't feel "land-locked" in the least. To my surprise, there are many places to enjoy the water in this state and many of them are just a short drive away. One of my favorite spots to visit thus far is Lake Evergreen, where you can rent stand up paddleboards and even take stand up paddleboard yoga/pilates classes. So hop in your car, drive just 35 minutes, and you'll be able to enjoy a variety of water activities. If you are curious about fitness classes on a paddleboard, you can find pictures and descriptions on my blog www.whatsupwithdana.com/paddlefit-blog/charlotte-family-yoga-sup-day-with-my-aloha-paddle-surf.

If you decide to go for it and try SUP in Evergreen, you can find the info at: www.evergreenrecreation.com. You can also contact Brad Bednar, the lake house manager, at 720-880-1311 or bbednar@eprd.co. For fitness classes offered, you can contact Kendra Lind at 720-880-1226 or klind@eprd.co.

While being in the water and outdoors is fun, don't forget to protect your skin. I'm passionate about preventing skin cancer. We all know that melanoma can kill. I've heard so many people comment, "I don't like how heavy sunscreen feels on my skin." All you need to do is find a sunscreen you like. I highly recommend COOLA. I discovered this sunscreen at a high-end spa in Phoenix and was surprised to find that it was affordable.

BabyFace Skin Care in Lo-Hi carries this amazing product.

COOLA uses only natural and certified organic ingredients. It is light, not sticky, smells great, and it works well. You can find more information on the BabyFace Facebook page and the COOLA website: www.facebook.com/amycostello.bowen and www.coolasuncare.com/.



Enjoy your summer! If you try paddleboarding, I'd love to see your photos. You can email them to me at dmslagle@gmail.com. Have fun in the water!

JPUN

WHAT'S YOUR RETIREMENT NUMBER?

How much money will you need in retirement? For most of us, the answer is not at all clear. Retirement doesn't have to be a mystery. A five-minute calculation can help you determine the amount you may need to enjoy the lifestyle you want.

Contact us today to learn the answer to one of the most important questions for your retirement.

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Construction in Your Neighborhood



Stunning 2372 SF features 4 bedrooms, 4.5 baths plus a lower level Rec Room. Extraordinary 3rd level party room with wet bar. Deck is Hot tub optional for even more fun! Reserve now and select from the latest amazing designer finish packages! From the low \$700Ks

www.OnJeffPark.com



A mix of classic neighborhood charm and modern finishes, 25th and Eliot will be home to an exciting mixed space right in the heart of Jefferson Park! Offering over 8,000 SF of retail space including an upscale liquor store, and enticing dining experiences, the project also will be home to 20 apartments. Mirroring the architecture of the past, with all of the amenities of the future, the stunning design includes a large shared roof top deck, 45 parking spaces, and Samsung appliances, just to name a few. This project is scheduled to break ground late summer 2015.

Coming Soon!

West Jeff Park Townhomes

These beautiful townhomes located on the Park, will be priced in the 500Ks.

Call for more information and to get on our waitlist.

Real Estate Denver Team

Linda Kukulski Miller & Angela Steiner

303.997.4001



www.RealEstateDenverTeam.com
Linda@RealEstateDenverTeam.com



NEIGHBOR OF THE MONTH

Fred Blythe

Occupation: Senior Project Manager/
Business Analyst for Colorado Community College System (CCCS)

Rent or own? Own

How long have you lived in Jeff Park?
Since March 2011



What is one word to describe our neighborhood? Diversity

Favorite business in Jeff Park: Ever-Clear Window and Gutter Cleaning. Phil Arroyo owns the business and lives in our neighborhood. We have a four-story town home and Phil did an excellent job cleaning our windows.

Favorite restaurant in Jeff Park: I like the Federal Pub and Grill. They have excellent veggie burgers, scrumptious fries, and an extensive number of beers on tap.

Hobbies & interests: Skiing, camping, music, and music festivals

What is the best part about living in Jeff Park? The park is our best asset. My wife and I visit it every day, and we have met a number of new friends while playing with our dog, Ruby.

What is your opinion on all of the development in our neighborhood? I'm ready for it to stop. I hope that some of the remaining historic homes can be saved. Otherwise, we're losing our heritage and the newer buildings look too much alike. Diversity is one of the strengths of our neighborhood. I'm concerned that we're losing our diversity with all the new construction.

Would you like to be neighbor of the month or know someone to spotlight? Email us at jeffparknews@gmail.com

TRANSPORTATION

Three Million Dollar Project to Repair 23rd Avenue & Speer Bridges

From June 2015 through November 2015, The Colorado Department of Transportation (CDOT) and Hamon Infrastructure will begin a \$3 million bridge repair project on the two Speer Boulevard bridges and the 23rd Avenue Bridge over I-25. This project expands bridge lifespan and provides better clearance under the arch bridge girders on southbound I-25. Bridge rehabilitation includes joint elimination, waterproofing, frame leg encapsulation, door replacements, epoxy injections, minor widening of southbound I-25 with milling, resurfacing, restriping of these lanes, vertical clearance signage and striping on the girders.



The 23rd Avenue Bridge, shown here, will be under construction for repair until this November. Photo source: *hamoninfrastructure.com*

Traffic impacts include mainly nighttime work on I-25, Speer Boulevard and 23rd Avenue, with occasional weekend lane closures on Speer Boulevard and 23rd Avenue. There will be a possible full closure of southbound I-25, the 23rd Avenue Bridge and westbound Speer Boulevard for critical work. Bikers and pedestrians will still be able to travel across the 23rd Avenue bridge during construction; safety for pedestrians, bikers, the traveling public, and construction workers are first priority for CDOT.

The 23rd Avenue sidewalk will be open throughout construction with little to no delays, while at least one bike lane will be open at all times. Bikers may have to dismount and/or cross over to travel across the bridge. After the project is complete, the 23rd Avenue bike lanes will be placed back into their current configuration.



This \$3 million project expands the lifespan of both bridges (Speer Boulevard Bridge shown here) and provides better clearance under the arch bridge girders on southbound I-25. Photo source: *enverinfill.com*

Bridge repairs will make the 23rd Avenue and Speer Bridges more structurally sound; however, it should be noted that no additional driving lanes will be added to any of the bridges. The bridges are in need of repairs because they were built in the 1950s and have been hit by oversized trucks over time. Joints in the bridges are also leaking so they will be removed and replaced. Some work on I-25 will also take place in order to move traffic over so the bridge does not get hit as often.

CDOT anticipates completing this project by the end of this November.



**Located on 25th Avenue
BETWEEN FEDERAL AND ELIOT**
In the Historic Jefferson Park business district

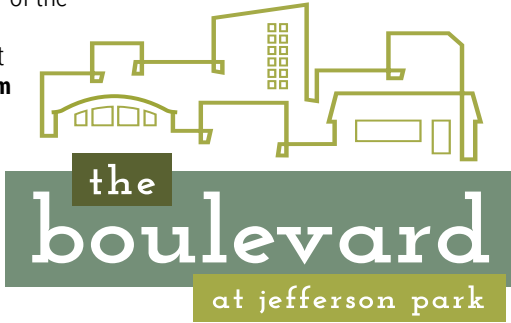
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BIZ on the BOULEVARD By Leslie Twarogowski

Co-executive director of the Federal Business Improvement District
www.bizontheblvd.com



Coming on Saturday, August 8 is our first-ever Jefferson Park Farm and Flea Market. We'll close down West 25th Avenue between Eliot and Federal to accommodate over 50 vendors and food trucks, similar to our BeeJP event...only bigger! We hope that you'll join us for a day in the sun. More information can be found at jpfleamarket.com. Also, be sure to read more about the market in this newsletter's story, "New Farm and Flea Market Takes Root in Jefferson Park."

The BIZ is also very excited to introduce our newest business, Healing Vibes. The store will open next month on West 23rd Avenue in the building to the east of Taqueria Mi Puebla. Owners Chelsea Badders and Amanda Jerman will offer services including massage therapy, vibrational healing, herbal medicine, and acupuncture. Visit their website at healingvibesacupuncture.com.

Balancing Bits

Bottoms Up!

Water for Well-being

Full Circle Acupuncture

By Rachael Rose

Rachael@fullcircleacupuncture.com



Two newsletters ago, I wrote about how to balance your body's own Qi, (chi) or energy, and asked you to examine the quality of each of these six vital elements in your own life: 1) Air, 2) Water, 3) Food, 4) Movement, 5) Sleep, and 6) Social Interaction.

Today's article will focus on water. Water is vital for our survival on the planet. "Everything has originated from water, everything is maintained through water," wrote Johann Wolfgang Goethe. Our scientific neighbors will be interested to know that water is a chemically unique molecule. It is able to transfer large quantities of heat without its own temperature rising. For humans, this is important because it is critical to maintain our body temperature. Just about every part of our body is made up of water. Even our bones have water in them. For our health, it is important to drink at least half of your weight in ounces of water per day. People will

often lose five pounds in a two-week period simply by following this guideline. If for example, you weigh 120 pounds, you would need to drink at least four pints of water, or 64 ounces, per day. If water doesn't appeal to you, don't despair. Tea and juice count as fluid intake. Anxiety can be caused by dehydration so if you feel nervous or irritable, drink a big glass of water. Sorry to tell you, but coffee and alcohol have dehydrating effects. When you



are exercising, sick at altitude, or just perspiring a bunch (think hot flashing), your water consumption should increase. If you are bloated, contrary to our instincts, drinking more water often will decrease the bloat. I could write pages about water purification, but if you do not have the means to obtain filtered water, one of the best things you can do for your family is to fill a glass picture with tap water and let it sit out for about three hours, UNCOVERED. This allows the chlorine that is put in our drinking water to evaporate out of it. Do an experiment at home. Have a taste test with your kids to see the difference from water that has been sitting out for three or more hours to water right out of the tap.

If you would like more information about water and how acupuncture can help with your own water metabolism, see me at Full Circle Wellness, Fullcircleacupuncture.com, or 303-480-0080. Stay hydrated!



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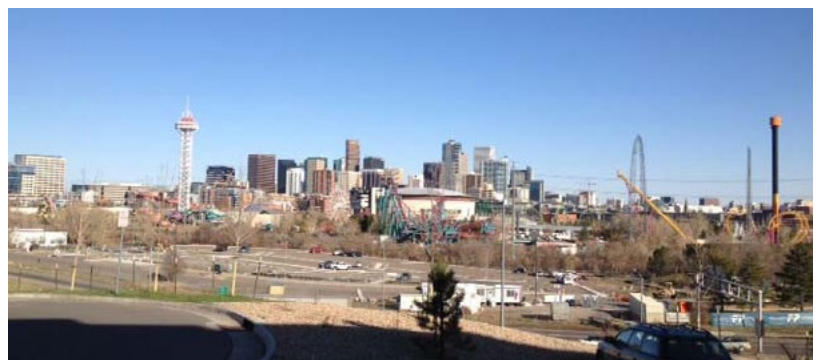
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DPS Free and Reduced Meal Applications Due August 15

Denver Public Schools Enterprise Management is offering free and reduced meals for local families in need. To apply, fill out and submit your 2015-2016 Free and Reduced Meal Application online and be automatically be entered to win one of three backpacks filled with school supplies. The drawing will be held August 19, 2015. Applications must be filled out correctly and submitted prior to August 15. Winners will be notified on August 21. Remember, if you fill out an application online, you do not need to submit a paper application. To apply online for the 2015-2016 school year, go to enterprisemanagement.dpsk12.org/food-services/free-and-reduced-information. The applications are available in English and Spanish. Please call (720) 423-5600 with questions or for more information.




Photo Source: U.S. Department of Agriculture



First photo courtesy of Joan Bondy.
Second photo by Holley Petrick.

A Different Downtown: Before the South Platte area was renovated and before Elitch Gardens arrived, downtown Denver had tall buildings and Interstate I-25. Denver completed the segment of I-25 from 48th Ave. to Evans in 1958. Elitch Gardens moved from its Berkley location, where it began in 1890, to central downtown Denver, officially opening its gates in 1995. These views show the late 1980s versus today.

Do you have an old photo of a location in Jefferson Park that you would like to offer for "Picture This"? We would love to see it! Email us at jeffparknews@gmail.com.



BECOME A PART OF THE STORY

Send your stories, comments or ideas to our Jefferson Park Editor, Holley Petrick at jeffparknews@gmail.com.

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All advertisements, photos and article submissions for consideration in the following issue are due by the 21st of the month.

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Police, Fire or Medical - EMERGENCY	Dial 9-1-1
Gas Leak or Electrical Emergency - Xcel	800-895-4999 select #1
City of Denver 311 Help Center	3-1-1 or 720-913-1311
Police - City Non-Emergency Information	720-913-2000
Police - District 1 Station Information only	720-913-0400
Denver Public Library	720-865-1111
Regional Transportation District	303-299-6000