

JULY 2013 NEWSLETTER

A non-profit organization Serving our neighborhood A Publication of Jefferson Park United Neighbors

JEFFERSON PARK NEWS

www.jpun.org



Notice!! July's General Membership

Meeting is Cancelled - August Meeting

See Page 2 under "From the JPUN President"

will be a Potluck for National Night Out

JPUN

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NEXT JPUN MEETING

JPUN General Membership Meeting

CANCELED FOR JULY

August Meeting in Jeff Park / Potluck

UPCOMING MEETINGS

JPUN Land Use Committee Contact David @ davidrsolo@yahoo.com

MUSIC AT Jefferson Park

Second Concert!! Jefferson Park I July 28 Highland Ramblers (Bluegrass)

JPUN GROUPS

Get neighborhood updates at NextDoor.com and JPUN.org

SUPPORT JPUN

As a non-profit 501(c)3 organization, your contribution to JPUN is tax deductible. Send your contribution to: JPUN, 2240 Clay St #200, Denver, CO 80211



Jefferson Park United Neighbors is on Facebook!

CrossFit Jefferson Park:

Building a Healthier Community

With something for all fitness levels, CrossFit Jefferson Park is building a community focused on your health and your goals. There has been a lot of new activity in Jefferson Park since CrossFit Jefferson Park joined the community a few weeks ago. "We are very excited to be a part of the neighborhood," said Co-Owner and Coach Rhianon Schuman. "We've found the perfect location to establish our CrossFit gym. As a community, Jefferson Park has a reputation as being a blend of urban city living with a know-your-neighbor feel. That is exactly the kind of community our gym will complement."

What exactly is CrossFit?

CrossFit is defined as constantly varied, functional movements that are executed at high intensity. Workouts change daily and are scaled to match each individual's fitness level. They integrate everything from push-ups, pull ups, handstands, and weightlifting, to running, kettlebell movements, and rowing. What is perhaps the most striking difference between CrossFit and other gyms is the highly engaged community

Contact us at 720-515-5746 or info@crossfitjeffersonpark.com for how you can join us today!

JEFFERSON PARK *

in Jefferson Park!

gym coming soon -

We are excited to be joining the

While we are under construction,

10:00am - 11:00am 6:00pm - 7:00pm

Jefferson Park neighborhood!

join us in the park for some outdoor CrossFit!

Park Workout Schedule:

combined with the individual coaching each athlete receives. "You are part of a team at CrossFit Jefferson Park, you are not an anonymous member," remarks Rhianon. "Everyone is supportive and encouraging – and they will hold you accountable."

CrossFit Jefferson Park has already become a daily sight, holding their Workout of the Day (WODs) at Jefferson Park until the renovations at their 25th and Eliot Street location are completed later this summer. Their growing numbers have made many locals increasingly curious as to what the group is up to. Head Coach and Co-Owner Kyle Dokken responded to this curiosity, "Just come and see! CrossFit has a reputation as being only for the very athletic- it's not. We will teach you what you need to know to be successful. We will make it work for you."

If you're interested in the CrossFit Jefferson Park Community, drop in for a free class. The class schedule can be found on their website: **www.crossfitjeffersonpark.com** or you can contact them directly at info@crossfitjeffersonpark.com or 720.515.5746.

JEFFERSON PARK

2013 Music at Jefferson Park Highland Ramblers (Bluegrass)

Sunday, July 28 | 5:30 - 7:30 pm | Jefferson Park

Make a day of it, enjoy our namesake park, your neighbor's company, some great music and even a chance to win some great prizes from local restaurants and businesses. It will be a perfect end to a summer weekend!!















Music at Jefferson Park Photos

Walking and Biking to the Event is Highly Encouraged!!
We will have Bike Racks courtesy of Bike Denver



Jeff Archambeau, President archambeau.jeff@gmail.com

Michael Guiietz, Vice President zoid4@comcast.net

Doris Blyth, Treasurer blythspirit@q.com

Maureen Parina, Secretary maureen.parina@gmail.com

Environmental Committee

Kat Meldrum kmeldrum@msn.com

Communications Committee

Tom Blyth | blythspirit@q.com

Land-Use Committee

David Soloman davidsolo@yahoo.com

Social Committee

Kim Collie colliek@ccl.org Brooke Bailey kromer2036@yahoo.com

Membership Committee

Dave Strano johnbrown@riseup.net

Safety Committee

Robert Guerrero guerrero.robertmaurice@gmail.

Central Valley Improvements

Jerry Olson jerryolson@comcast.net

JPUN Communnity Garden Joan Bondy

Joan Bondy joan.bondy@hotmail.com

Open Positions are available to serve on the JPUN Board, come volunteer.

Jefferson Park Pet of the Month



George and Jodie

Owners: Tom and Doris

Much loved but rarely seen out of their hiding spots!

Would you like to see your pet featured?

Please send a photo and a few tidbits about your favorite pet to Tom at blythspirit@q.com or Kym at kymandpat@comcast.net.

JEFFERSON PARK UNITED NEIGHBORS

From the JPUN President Jeff Archambeau, JPUN President

Hello Neighbors in Jefferson Park,

I hope you are all enjoying your summer and the holidays with plenty of barbecues, picnics, and vacations. JPUN will also be taking a break this month and there will be no General Membership Meeting on July 9, so we'll see many of you again in August. To celebrate and coordinate with the annual National Night Out (www.natw.org/about-nno), the August General Membership Meeting will be held on Tuesday August 6, the first Tuesday of the month (instead of the usual second Tuesday). Stay tuned for other information on National Night Out this year.

We had a great first Concert in Jefferson Park this summer on Sunday June 23rd. About 250 people turned out to see the Kutandara Marimba Experience give a great, energetic show performing music from South Africa. The food from the vendors was great and families had the chance to meet each other and enjoy a relaxing afternoon in the natural setting of our great park. Lots of little kids had a great time dancing to the music in front of the stage. Some big kids with grey hair also seemed to get moving to the beat as well. Special thanks to our friends at Riverside Baptist who supplied free water and volunteers to help set up and break down the stage for the concert. Also, many thanks to our key supporters at Allied/2785 Speer, Spanos/Element 47, the Broncos, Zocalo Community Development, Bike Denver and others who made this a success.

Coming up on July 28th is our second Concert in Jefferson Park with the very popular Highland Ramblers playing bluegrass music. That concert will also start at 5:30 and will once again feature several food vendors. Please join us for this growing Jefferson Park tradition.

On behalf of the Board of Directors for JPUN, we wish you all a very happy Fourth of July and the rest of your summer. We hope to see you at the next concert on July 28th!

Jeff Archambeau, JPUN President



DEVELOPMENT IN JEFFERSON PARK

An Update from the JPUN Land Use Committee by David Ray Solomon, AIA

There is a lot of construction activity in the neighborhood these days, as developers and contractors attempt to take advantage of the still-competitive construction market.

A few sites of note in Jeff Park:

- 2785 Speer, the Allied Development site, is going gangbusters after a long period of inactivity. The two 5-story buildings east and west of Alcott on Speer Blvd will provide 265 rental units. The project is scheduled for completion late 2014.
- Element 47, the Spanos development so visible on 125, is a four-building, 265-unit apartment project that is well out of the ground now and scheduled for completion early 2014.
- Decatur Row town homes, on the 2700 block of Decatur, which looked briefly like a bleak, abandoned site (someone even ran off with the construction sign), is starting this week. Completion is expected in 10 months. If you do a search for Decatur Row on the web, there are several sites showing renderings of the project.

JPUN has initiated an appeal to the City of Denver's Board of Adjustments to enforce the application of the new Denver building code in what has been found to be an issue of great interest to other neighborhoods faced with the potential for similar zoning issues.

In 2008 JPUN supported the rezoning of the site at 2100 Eliot Street for the construction of a 6-unit town home development that was considered to be consistent with the low density neighborhood. That rezone was also supported by the site's immediate neighbors. Due to the recent drop in the market, the planned and approved development never occurred and the site was sold in 2012.

The new developer took a new project to the Denver Zoning office applying for a denser development (10 row houses), and was given an erroneous approval, by the City. The new project did not respect the requirements that the construction on a site zoned R-MU-20 (the 2100 Eliot site) observe a lowered bulk plane when adjacent to a low density site that in both the old and new zoning codes is defined as "protected" (originally zoned R-2, now zoned U-TU-B under the new zoning ordinance).

The old zoning ordinance was not completely and accurately cross referenced by the new zoning code, leaving a gap, in this instance, that if allowed to pass unchallenged could result in other similar high-density sites, that currently retain their zoning definition through the old zoning ordinance, being allowed to forego the previously required protection of adjacent low-density residential sites through a lower bulk plane. This case being appealed by JPUN is the first to raise the issue with the City of Denver and seeks to avoid a dangerous precedent for similar conditions elsewhere.

The home-owner adjacent to 2100 Eliot, along with several neighbors, raised the issue with the JPUN Land Use Committee and a conversation was started amongst all parties to the dispute. JPUN is requesting that the developer, at a minimum, observe the originally required lower bulk plane. The conversation continues, and we hope to find a settlement that works for all parties before the July 25 Board of Adjustment hearing.

In the meantime, JPUN presented the issue to the Inter-Neighborhood Cooperation association where representatives from Community Planning and Development were also present. The INC has agreed to support JPUN in the issue, and the representatives from CPD agreed that this is an issue that needs to be corrected in the upcoming drafting of revisions to the new zoning code.



BURN MORE CALORIES. GET IN THE ORANGE







GET IN THE ORANGE









SLOANS LAKE TRADITION

FREE Admission!

13th Colorado Dragon Boat Festival

Saturday and Sunday, July 27-28, 2013 Sloan's Lake Park | 25th Ave. & Sheridan Blvd

Park at Sports Authority Field for \$5/vehicle & take free shuttle buses to the festival!

The Colorado Dragon Boat Festival celebrates its 13th year on July 27 and 28, 2013 at Sloan's Lake Park in Denver, with a focus on health and fitness with our slogan, "Commit To Be Fit." CDBF is the largest pan-Asian festival between the Midwest and West Coast and is the premiere summertime family event in the region, attracting over 100,000 guests every year.

Visitors can enjoy the traditional and cultural performances, educational exhibits and demonstrations on the Main Stage, Gateway to Asia area and Cultural Unity urban arts showcase they've come to expect, as well as fun shopping and authentic dining at the Asian Marketplace and Taste of Asia Food Court, and activities for kids in Dragonland. Of course, there will be two days of action-packed dragon boat racing, featuring a new fleet of six Hong Kong-style dragon boats. Multiple teams will compete in each heat this year, and there will be a series of "Fun Races" including a dragon boat tug-of-war and all-men vs all-women races.

WHAT'S NEW IN 2013?

Fit Happens

The theme for this year's Colorado Dragon Boat Festival is "Commit To Be Fit." If you've participated in the dragon boat races at CDBF, you know what a wonderful workout it is, in addition to an exhilarating, team-building fun sport. Many of the teams take the races seriously, and train for weeks before the festival (one team used to pull a truck to get in shape!) and during the weekend prepare for each heat with exercises. So this year, we're committing all of CDBF to fitness, in addition to our already existing commitment to health in our Wellness Village and Find Zen demonstration area!

More Dragon Boats = More Races

CDBF now owns a fleet of six dragon boats and will utilize them this year to host heats of multiple boats, not just two teams going head-to-head. Imagine the excitement of five boats competing in each race, and award ceremonies held each day. There will also be a series of "Fun Races" open to registered team members, including a tug-of-war (teams paddling in opposite directions and trying to pull their opponents to their side) and a Battle-of-the-Sexes race (dragon boats aren't just about brawn – it's about teamwork and synchronized paddling). We're also bringing back a popular feature, Dragon Boat 101, for anyone interested in paddling on a boat but didn't sign up for a team. Interested paddlers will be able to register for DB101 before the festival, or at the festival and pay \$5 for training, use of a Personal Flotation Device (life vest) and paddle, and 10 minutes of thrills and fun under the sun on a dragon boat.

Thai One on in Gateway to Asia

Each year, the Gateway to Asia "edutainment" area of CDBF features an in-depth look at one or more Asian ethnic communities with a tent containing an exhibit, demonstrations and docents explaining the community's culture and history. This year, with help from the Royal Thai Consulate in Los Angeles, Wat Buddhawararam (the Denver Thai Buddhist Temple) and Denver Thai Lions Club, we're focusing on Thailand. Thai performances will take place all weekend on the Gateway to Asia stage, as well as on the Main Performing Arts Stage.

Learn about snakes in Dragonland, help draw the world's longest snake in imaginAsian Art Collaboration

Since the very first Colorado Dragon Boat Festival in 2001, we've included an area for children so they can be introduced to Asian cultures with fun activities, guided by volunteers from such organizations as Girl Scouts and the Denver Art Museum. For 2013, the Denver Zoo returns with snakes in tow to celebrate the Year of the Snake, and at the imaginAsian Art Collaboration families will be able to contribute to sidewalk art of what we hope will be the world's largest chalk-art snake.

Back by Popular Demand

Commit to be fit in our Zodiac Dash! Last year we debuted a Sunday morning run/walk, which we're now calling the Zodiac Dash fun run for 2013. We encourage runners and walkers of all ages to find ways to represent the animals of the Chinese Zodiac (this year is the Year of the Snake).

More food served up at TWO Taste of Asia dining areas

Each year, our Taste of Asia food court is a popular stop for festival-goers who want to eat their way across Asia without leaving Denver. This year, we're bringing back a double-serving of great Asian cuisine, with two separate Taste of Asia dining areas so people can have more choice and fewer lines to experience the authentic cuisines of Thailand, Philippines, Korea, India, Vietnam, China and many more mouth-watering destinations.

Bands on the Run

Over the years, our Main Performing Arts Stage has attracted an increasing number of applications from local bands who want to perform. They include both all-Asian American musicians and groups that have an Asian American member, and the music might range from traditional ethnic music to rock, blues, folk, R&B... you name it. Last year we introduce a new Band Stage in the Beer Garden to showcase full bands all weekend, and the stage was a big hit, so we're bringing it back. Also back this year will be Kazha, a Japanese hard-rock band that is popular at anime conventions. They made some new fans in Colorado on the Band Stage last year so they've asked to return.

Gateway to Asia's Martial Arts Stage

Gateway to Asia has featured martial arts performances over the years, but we've now committed a stage dedicated fulltime to martial arts of all the many Asian traditions, as part of Gateway to Asia. Come learn the differences between Shaolin and Wu Shu kung fu, or between Aikido and Karate.

About the Colorado Dragon Boat Festival The Colorado Dragon Boat Festival, a 501(c)3 non-profit organization www.cdbf.org | media@cdbf.org | 303-953-7277



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CLOSE TO HOME

You Can **BIKE**There From Here Tom Blyth



Blake Street Tavern Supports Denver Film Community, Transforms Parking Lot Into Cinematic Experience For Movie-goers & Bike Riders

Running until September 14th, Blake Street Tavern (Winner of Best of Westword 2013 'Best Sports Bar for Playing Games', Editor's Choice and 'Best Sports Bar for Watching Games', Reader's Choice) is combining two of Coloradan's favorite summer pastimes: riding bikes and going to movies. "My family loves movies, and this is a great way to watch films in our own backyard and support our community," says Chris Fuselier (Blake Street Tavern Owner). Each week a 26-foot HD widescreen transforms the Blake Street Tavern parking lot into one of the city's most unique cinematic experiences. There is no cost of admission to attend the screenings, rather in support of Colorado's growing film scene, a suggested \$5 donation towards the Young Filmmakers Workshops.

"Young Filmmakers Workshops was launched by Denver Film Society in 2007 and consists of hands-on filmmaking courses for students ages 12-18. The program offers financial assistance to underserved youth who qualify for free and reduced-fee lunch programs throughout the Denver metro area. Approximately 120 teens participate in the program each year, with 40-45% receiving scholarships (\$800 per student). Through the Workshops students learn how to utilize cinema to share their personal stories and also give life to the themes, which they care about most. The skills learned in this program provide career opportunities for participants after graduation from high school.". -Denver Film Society

Saturdays Until September 14th | *Films begin at 9:00 p.m. www.blakestreettavern.com/Denver-Outdoor-Movies.php

July 6 - Shaun of the Dead and Hot Fuzz (Double Feature)

July 13 - Old School

August 3 - Caddyshack

August 17- Ferris Bueller's Day Off

August 24 - New Belgium's Clips of Faith

September 7- Talladega Nights

September 14 - Superbad

Blake Street Tavern located in Lodo, on 23rd & Blake St.

FOR THE KIDS

FREE 2013 Art and Sports Camp!



Don't miss a free 2013 Art and Sports Camp that will be coming in July. Your kids can be involved

in either an Art and Crafts camp, Soccer, Basketball or T-Ball Camps. If your kids are in 1st-6th grade, they are welcome to participate in any of the camps.

The Camps will be held on Tuesday July 23- Friday July 26 at Sanchez Park - 3400 W.13th Ave, Denver from 9:30 am - 11:30 am. The camp will be in English and Spanish and will give your kids the opportunity to develop their art and sports skills. Parents are invited to bring the family on Friday, July 26 at 5 pm for a free BBQ celebration.

The camp will fill up quickly so register your kids today for the FREE camp online at **www.artandsportscamp.com**The camp is sponsored by **Riverside Baptist Church.**

AG SPANOS PROJECT

Coming Soon - Element 47

If your curious about the new apartment complex being developed along 125 on the east edge of Jefferson Park here is an edited version of the AG Spanos press release announcing Element 47.

Welcome to Element 47, Denver's brand new premier urban living locale focusing on the dream of "Having it all" and making it a reality.

Nestled in Lohi, Denver's foremost place to live, you can live the life and "Have it all"...Sports fans look no further- as a simple stroll in YOUR new neighborhood and you are at the Sports Authority at Mile High or take a short bike ride to the Pepsi Center and Coors Field. Are you the adventurous type? How about Six Flags Elitch Gardens? Ride the "Half Pipe" or "Mind Eraser" – they are across the way! With easy access to I-25, you can literally be anywhere in Denver within minutes.

Home from work and just not feeling much like venturing too far? That's okay! Enjoy "Having it all" and stay in YOUR neighborhood to enjoy some of Denver's finest restaurants like the Corner House Restaurant, El Senor Sol and the Denver Aquarium Restaurant – all walking distance from YOUR front door. YOUR new home is across the street from Jefferson Park, where you can join your friends for all of the park festivities and of course when Fido needs his exercise you are virtually already at the park - how convenient is that?

Just want to kick back at home? Relax, bask in the sun on YOUR stunning rooftop deck patio/bar located above the Clubhouse; take in breathtaking city views; find your inner Emeril, entertain guests with our state of the art Stone BBQ grills or enjoy a nice relaxing Billiard, Ping Pong, or Shuffleboard game. Still not enough...maybe YOUR heated swimming pool and spa or YOUR top of the line fitness gear is calling. How about grabbing a mountain bike from YOUR mountain rental station.

Just feel like staying in YOUR private sanctuary? YOUR NEW DIGS feature built in Security intrusion alarms, Island Kitchens, Side by side refrigerators with ice/water dispensers, Designer Cabinetry, Real Granite counter tops, Luxurious Garden tubs, Full size Washer and Dryer, French Doors opening to Large Balconies* where the views are absolutely stunning. HAVE IT ALL!

Single's Safari

July 26 | Presented By Denver Zoo 2300 Steele Street

Single's Safari is one of Denver's best single's mixers in a venue like no other!



Meet some of the region's most active, adventurous and intelligent singles and enjoy an evening at one of Denver's favorite cultural attractions. Join Denver's finest with a ticket that includes after-hours zoo admission and interactive animal encounters – some with zoo animals and some with other night creatures from Denver's social scene. Enjoy exotic adult beverages and decadent appetizers sure to please every palate.

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FOOD AND NUTRITION

Rooted In Nutrition

Christine Straley, Master Nutrition Therapist christine@rootedinnutrition.com www.RootedInNutrition.com

BBQ season is in full swing, which means ribs, pasta salad and hopefully some grilled veggies. Make sure you "set yourself up for success" at your next party by bringing something just a little healthy. These Strawberry Summer Rolls are full of flavor with a little hint of spice, but light enough to keep you on your toes all afternoon.

Strawberry Summer Rolls

1.5 oz thin rice noodles, cooked and chilled

1/2 cup fresh mint leaves

4 tbs raw local honey

1 tbs. fresh lime juice

1/8 tsp Aleppo chili powder

8 round rice-paper wrappers

8 strawberries sliced

1/3 cup almonds, coursely chopped

Whisk together 3 tbs honey, lime juice, chili powder and 1 tbs water. This is your dipping sauce.

Toss noodles once cooked with mint and 1 tbs honey. Soak wrapper in warm water until soft, about 30 seconds. Put noodles, strawberries and almonds in wrapper. Roll up. Dip in sauce and enjoy!



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NORTH DENVER DESIGN/BUILD



Highland Ramblers (Bluegrass)

Sunday, July 28 | 5:30 - 7:30 pm
 Jefferson Park | 23rd & Clay

DENVER URBAN RENEWAL AUTHORITY

Emergency Home Repair Program

Rehabilitation of homes adds much needed value for homeowners and the surrounding neighborhood. The City of Denver offers a variety of programs to assist in your improvements:

Single Family Rehab Loan Program The Single-Family Rehabilitation Program is designed to help low to moderate-income Denver homeowners make their homes safe and livable. Qualified homeowners whose houses need roof, electrical, plumbing repairs and more can have their homes rehabilitated through this special low-interest loan program. To improve your house economically, call the Denver Urban Renewal Authority at 303.534.3872 to see if you qualify.

The Single-Family Rehabilitation SFR Program is designed to help low to moderate-income Denver homeowners make their homes safe and livable. The SFR Program provides loans up to \$24,999 for major home renovations such as roofing, heating, electrical or plumbing. Of this amount, a minimum of \$5,000 must be spent on the exterior of the home. The interest rate and loan terms will vary depending on your household size and income.

Eligible Improvement Loan funds from the SFR Program can be used to make essential home repairs such as roofing, heating, electrical, plumbing, insulation, as well as interior rehabilitation such as kitchen and bathroom repairs and exterior rehabilitation such as siding, roofing, gutters, and window repair or replacement. Many clients also qualify for a free water saving, low-flow toilet as part of a partnership between DURA and Denver Water.

How To Qualify & Apply To qualify for the SFR Program, you must be a Denver resident, own and live in your home, and have a household income at or below the thresholds listed in the tables below.

How to Apply: If you think you may qualify, call DURA at 303-534-3872.

Income Guidelines I

Family Size	Max Income
1	\$43,600
2	\$49,800
3	\$56,050
4	\$62,250
5	\$67,250
6	\$72,250
7	\$ <i>77</i> ,200
8	\$82,200

Emergency Home Repair Program The City of Denver also provides loans to correct Emergency Home Repair (EHR) for very low-income homeowners. EHR only applies to situations that immediately threaten the health and safety of the occupants, and would require the homeowner to vacate the house. Call the Denver Urban Renewal Authority at 303.534.3872 to find out if you qualify.

The Emergency Home Repair (EHR) program is designed to repair plumbing, heating and electrical problems that pose an immediate danger to the health and safety of low-income Denver homeowners. The program provides grants and deferred loans. Deferred loans are due upon sale or refinance of the house or when the owner ceases to occupy the home.

Eligible Improvements Loan or grant funds from the EHR Program can be used to make essential emergency home repairs such as roofing and gutters, heating, electrical, plumbing, insulation, and sewer line replacement.

How To Qualify & Apply To qualify for the EHR Program, you must be a Denver resident, own and live in your home, and have a household income at or below the thresholds listed in the tables below.

How to Apply If you think you may qualify, call DURA at 303-534-3872.

Income Guidelines

Family Size	Max Income
1	\$27,250
2	\$31,150
3	\$35,050
4	\$38,900
5	\$42,050
6	\$45,150
7	\$48,250
8	\$51,3500

DOWNTOWN MARKET

Announcing the **NEW Skyline Market**

The Skyline Market at Arapahoe between 15th and 16th Streets is Denver's new definition of "market". In the heart of Skyline Park, the market is open every Friday



and is a food experience that offers artisanal products, ready to eat food and a farm fresh experience all in one. Intended to provide a variety of options for Downtown workers, residents and visitors, the market will feature pre-made food items, artisanal vendors, chef demos, cooking demonstrations, fresh market foods and flowers in addition to live music during the lunch hour and happy hour.

The market features a beer and wine garden from 11:00AM -7:00PM and a chance to shop the market with a local chef. Attendees can also enjoy a special dinner prepared by one of Denver's best chefs in the bustling Skyline Market and can register at www.downtowndenver.com.

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A Jefferson Park Tradition JOIN THE UROLOGY CENTER OF COLORADO FOUNDATION 4TH ANNUAL BLUE SHOE **RUN FOR PROSTATE CANCER**



More than 3,000 Colorado men are diagnosed with prostate cancer every year. Who are you running for?

WHAT: Run for your father, your husband, your brother, your friend. Run for you! Join The Urology Center of Colorado (TUCC) Foundation for the fourth annual Blue Shoe Run for Prostate Cancer, a 5K run/walk, 1.5-mile family walk and kids fun run taking place right here in north Denver on Sunday, September 15, 2013. All monies raised from The Blue Shoe Run benefit TUCC Foundation's work to improve local prostate cancer screening, community education and research programs. More than \$275,000 has been raised for TUCC Foundation since 2010.

Be sure to stick around following each event for one of the best **FREE** post-race parties in Denver.

The 2013 Blue Shoe Run post-race party will include:

- Alaskan Brewery beer garden
- Food and drinks
- Live music on the course and during the post-race party
- Prostate cancer survivor recognition with 7News Anchor Mike Landess
- Kids zone including games, dance contests, face painting and a giant inflatable slide!
- Silent auction
- Educational, sponsor and vendor booths
- Prizes and awards

WHEN: Sunday, September 15, 2013

Kids Fun Run - 7:45 a.m.

(free for children under 8 accompanied by a parent or guardian)

5K Run/Walk - 8:00 a.m.

1.5-Mile Family Walk - 8:15 a.m.

WHERE: The Urology Center of Colorado 2777 Mile High Stadium Circle

Denver, CO 80211

Cross streets of Clay and

Mile High Stadium Circle (20th Avenue)

Free parking for Blue Shoe Run participants will be available in the Sports Authority Field H & I lots just south of TUCC.

COST: \$35 Adults (\$40 race day)

\$20 Youth - age 17 and younger (\$25 race day)

\$20 Seniors – age 65 and older (\$25 race day)

All registration fees include a long-sleeved race t-shirt, giveaway bag and admittance into the post-race party.

HOW: Show your support for The Blue Shoe Run by registering online at www.TheBlueShoeRun.com. Individuals can also create and register for Blue Shoe Run teams or submit online donations to TUCC Foundation on this website. Prizes will be awarded to the largest and most spirited teams as well as the biggest fundraisers on race day. Unable to race on September 15th? You can still support prostate cancer awareness by joining The Blue Shoe Snoozers team.

Learn more at www.TheBlueShoeRun.com.

Jefferson Park Crime Update

It's been a while since we've reviewed the crime statistics for Jefferson Park as reported on the DPD website so here is a snapshot for the period January - May.

In the category of "crimes against persons" there has been a 31% decrease as compared to the same period last year. Of note, there was one murder this year and none last year. Other types of offense in this category had declining numbers but the highest incidence offense, aggravated assault, had 10 reported incidents each year during the period.

"Crimes against property" had an increase in our neighborhood with motor vehicle theft experiencing a two-fold increase, and larceny with eight more reported offenses, these two types of offense were major contributing factors to the 16.3% increase in the category.

Another category experiencing an up-tick is "crimes against society" with an over-all increase of 52.9% with drug and narcotic violations leading the category increase at 76.9% (13 reported LY, 23 TY).

The broad category of "all other offenses" also showed an increase of 28.6% during the period but constituted a relatively small number of crimes, nine this year as compared to seven last year.

Statistically, reported crime is up for the first five months of 2013 over last year by 11.3% but that increase is mainly influenced by the earlier mentioned, and easily preventable, motor vehicle theft and larceny. DPD and others advise that cars should always be locked, possessions out of view and personal property should be secured. These straightforward practices will help protect you from being a victim of these common types

You can view the crime statistics on the DPD website:

www.denvergov.org/police/PoliceDepartment/CrimeInformation/ CrimeStatisticsMaps



2013 Music at Jefferson Park **Highland Ramblers (Bluegrass)** Sunday, July 28 | 5:30 - 7:30 pm | Jefferson Park



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Streets are for People

by Denver Councilwoman Susan Shepherd and Councilwoman Debbie Ortega

As a society, our public spaces are a reflection of who we are. They tell the story of how we care for our most vulnerable and demonstrate the value we place on the experiences that occur while walking along our streets or sipping a cup of coffee on a sidewalk café. The places that we share with each other can be great and they can be inspiring, but these same opportunities for greatness can also be lost when our public places are designed primarily for cars and not people.

The national complete streets movement seeks to address this very problem and advocates that streets be designed for the safety of all users - pedestrians, bicyclists, transit users, and motorists, which becomes especially important as more and more people are walking and biking to their destinations.

Here at the Denver City Council, we take this responsibility very seriously, a fact demonstrated by our recent vote to nominate bicycle and pedestrian infrastructure one of our top budget priorities for 2014.

With this decision we are thinking about the diverse residents and visitors to the Mile High City: the student who is putting himself through school by serving food at a local restaurant, wants to live in the city, and could afford it if he gave up his car, but feels alternative transportation options are too limited to make that choice.

We also consider the older widow who has sold her home of many years because she could no longer care for it and has also chosen to give up her car. She would love to continue living in the neighborhood she raised her family in, where she has friends, but are there affordable housing options that are close to transit? Is the sidewalk network consistent enough for her to get around safely?

As a city, we need to remember that forty-percent of people do not drive and the design of our streets should represent that. Those forty-percent are children, seniors, the disabled, people who can't afford a car and Baby Boomers and Millenials who are choosing not to own one.

Recently, with the rousing encouragement of the biking community, the Public Works Department changed direction and decided to pilot a protected bike lane along 15th Street. We hope to see more such pilot projects and that those projects become permanent.

In our role as Councilmembers, we'll be doing our part to encourage an accelerated implementation of Denver's bike and pedestrian plan - Denver Moves. Right now, only about 5% of the plan is implemented each year and we'd like to see that increase to at least 10% next year, with more in subsequent years. In order to accomplish that goal, it is essential that we hire more planners who focus solely on designing pedestrian and bicycle infrastructure.

We also hope to soon see an update to Denver's right-of-way regulations so they prioritize pedestrian and bike uses above cars. This includes updating the permitting process for bicycle parking infrastructure. Also, when Denver hires a new Chief Traffic Engineer, we will encourage Mayor Hancock and the Manager of Public Works, Jose Cornejo, to hire an experienced complete streets champion.

We've heard from so many parents, students, older adults, health officials, land-use experts, neighborhood activists and businesses who want to see safer, more accessible options for pedestrians, cyclists and users of alternative transportation. We are listening! There are also many organizations working in Denver to make your streets the places you love to be and safe for all users. Although by no means an exhaustive list, we encourage you to connect with Walk Denver, Bike Denver, the Transit Alliance, CNU Colorado, Denver B-Cycle, and the many other local complete streets advocates.

Lastly, we need you to keep speaking for your streets, connecting with your City Council representatives, your Mayor, and others. Denver is ripe for this movement to complete our streets and move forward in designing them for people. You have a Council that supports you and together we can take hold of this opportunity for greatness.

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