



JEFFERSON PARK NEWS

www.jpun.org

A PUBLICATION OF JEFFERSON PARK UNITED NEIGHBORS



GROUPS

General Membership Meeting & Land-Use Committee Meeting
NO MEETINGS IN JULY

Join us for the "Dog Days of Summer," A National Night Out celebration & community potluck @ Jefferson Park Pavilion/Playground
Tuesday, August 4, 6:30-8 p.m.
FREE

Music @ Jefferson Park 2015
Bluegrass Highland Ramblers
Sun., July 26, 5:30-7:30 p.m.
FREE

Shelvis & the Roustabouts
Sunday, August 23, 5:30-7:30 p.m.
FREE

Food Trucks and Ice Cream will be available at both events; Volunteers needed for setup and tear down.
Please email info@jpun.org

MAKE A TAX DEDUCTIBLE GIFT TO SUPPORT JPUN
As a non-profit 501(c)3 organization, your JPUN contribution is tax deductible.
Send your contribution to:
JPUN, 2606 1/2 River Dr.
Denver, CO 80211

Music @ Jefferson Park Celebrates Its 4th Year with Lively Concerts

The hills are once again alive with the sound of music, at least the ones in Jefferson Park. Mark your calendars for Sunday, July 26 and Sunday, August 23 from 5:30 p.m. to 7:30 p.m. The long-awaited Highland Ramblers Bluegrass Band will take the stage with their unique brand of front porch boot stompin' music in July. Shelvis and the Roustabouts will bring their musical take on Elvis, Neil Diamond, Tom Jones, Johnny Cash and other early Sun Records artists in August. We dare you not to dance to either band.

Lounging on the grassy bowls of the park is a great way to watch these concerts. Come early stake out a picnic spot or enjoy food from our local restaurants Sexy Pizza and Sartos, as well as Little Man Ice Cream. These concerts are a great way to meet friends and neighbors and enjoy some great food and music, all within walking distance of your front door. The event is free to the public and is put on by volunteers from JPUN and Elevate and Riverside Churches. Help is always welcome for the set up and closing down of the stage and speakers.
To volunteer, email info@jpun.org.

Nextdoor

Get neighborhood updates at www.jeffersonpark.nextdoor.com and JPUN.org

E-Newsletter Drive
If you want to "go-green," or perhaps you live in a secure building where volunteers can't distribute complimentary copies of the newsletter to every doorstep, please consider signing up for JPUN's electronic color newsletter.

You may continue to receive a hard copy of the newsletter from time to time. Feel free to share this with a friend, a new neighbor or consider posting a copy in your building's common area to keep everyone in your complex abreast of what's happening in Jeff Park.

Send your e-news request to jeffparknews@gmail.com and type "E-NEWS PLEASE" in the subject line.

JPUN & Urban Vet to Host Dog Days of Summer & Community Potluck

Come meet your two-and-four-legged friends and neighbors for a community potluck, along with grilled hot dogs and hamburgers on Tuesday, August 4 from 6:30-8 p.m. at the Jefferson Park Pavilion, the brick structure east of the playground. This new event is being presented by Urban Vet Care (see our "Business Banter" Column this month) and Jefferson Park United Neighbors. Please bring a side dish, dessert, or whatever food you would like to share with the community.

For our four-legged friends, we'll have free pet grooming, a puppy pool, and treats. The event will also have a photographer on-hand to take pictures of you and your pooch. Christmas cards, anyone? This event will be held in conjunction with National Night Out and Denver Days to help neighbors get to know other neighbors and to become more involved with their community.

DOG DAYS OF SUMMER IS SPONSORED BY:





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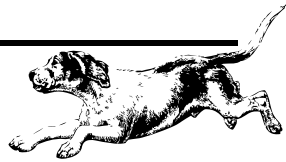
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All copy/photos/advertisements submitted to the Jefferson Park United Neighbors Newsletter will be edited and reviewed by our volunteer staff for style, grammar and content. JPUN reserves the right to refuse publication of any submitted material that does not meet our standards for a positive, informative, educational community newsletter.

Jefferson Park Pet of the Month



OCELOT

Hi there! I am an only child, and I am very spoiled. I like watching squirrels and birds on my chair and love playing fetch with my mom and dad. They throw my mouse and I bring it back for them. I also love to learn tricks. I can sit on command and I am learning how to shake paws. Some say that I am really a dog, but I promise I am not.

Although I love all of those activities, I really enjoy dressing classy, dabbling

in accounting and learning about tax law. I am considering getting my CPA very soon too. Keep me in mind during next year's tax season because I would be the puuurrrfect CPA to take care of your taxes!

Would you like to see your pet featured? Please send a photo and a few tidbits about your favorite pet to jeffparknews@gmail.com. JPUN reserves the right to edit all submissions.

COMMUNITY

BikeLife Magazine Rolls into Denver



A publication dedicated to all things “bike” has arrived in the Mile High City. The first edition of *BikeLife Denver* is hot off the presses. The new publication will be available at several locations over the next few weeks and is online now at www.bikelifecities.com/denver. *BikeLife Denver* is a partnership between Denver Public Works and BikeLife Cities to share information about bicycling on Denver streets and trails. City staffers, partner organizations, and Denver residents are contributing articles to the magazine as well as tidbits to increase education around cycling in Denver.

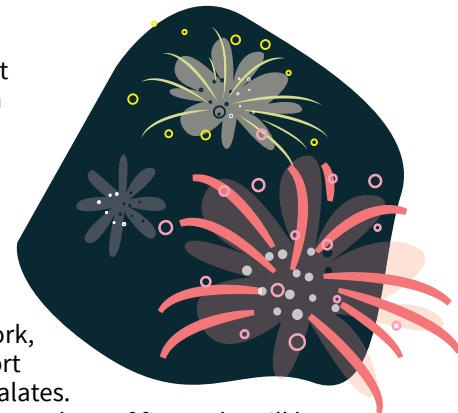
The 2015 spring issue of *BikeLife Denver* includes a pull-out bike map, as well as features on: local folks who like to travel on two wheels, what's new to Denver's streets, information about Bike to Work Day, the business of bicycling in Denver, how to fix a flat tire, and updates in and around the South Platte River Trail. You can also enter the BikeLife Sweepstakes at bikelifecities.com/sweepstakes15 in order to win a bike or other fun prizes. Copies of *BikeLife Denver* can be found at bike shops around town as well as City and County of Denver Recreation Centers and the Central Library downtown. For more information, email Nancy Kuhn at nancy.kuhn@denvergov.org or Heather Burke at heather.burke@denvergov.org.

Fourth of July Pig Roast & Fireworks at Amass & the Park

Amass Restaurant, located at 2240 Clay Street, is hosting a Fourth of July pig roast on their patio, complete with special menus. Diebolt Brewing and Infinite Monkey Theorem & Mile High Spirits will be on hand to pour some of their drinks.

In addition to the smoked pork, Amass will be offering comfort food for your summertime palates.

The pig roast begins at 11 a.m. A show of fireworks will be displayed from Jefferson Park, with the event ending at 11 p.m.



BUSINESS BANTER

5 Minutes With Dr. Amy Rupp Fuller

Business Owner and Veterinarian
Urban Vet Care,
2815 Clay Street,
Denver, CO 80211
303-477-1984
urbanvetcare.com

How long have you been in business? How long have you been in Jefferson Park?

12 years; 12 years

Number of employees? 24

What do you like about conducting business in Jefferson Park? Jefferson Park is such a dynamic and close-knit community. It has a small-town feel in a big city. The residents are such loyal and dedicated pet owners and it's been really great to watch them become established and take ownership of their community. I'm so appreciative of the relationships and friends that I have built throughout the years. I've had the privilege of being able to care for pets from puppy-hood and kitten-hood to adulthood.



urbanvet

Why did you choose to open a business in Jefferson Park?

It reminded me a lot of the urban neighborhoods where I had worked in Chicago before moving to Denver. I noticed there was a void to be filled for quality veterinary care in the neighborhood, and I wanted to be able to offer exceptional care to the residents and their pets.

How would you like your business described to the residents of Jefferson Park?

UVC is a full-service veterinary hospital accredited by the American Animal Hospital Association. We offer a state-of-the-art facility with five veterinarians on staff. We truly value our relationships with our clients and patients and continuously strive to offer personalized care. We do our best to build long-lasting relationships within the community.

What would you like the Jefferson Park Neighbors to know about your business that would attract them to being your customer?

We provide more than just the basics in vet care. We moved from within the neighborhood three years ago from a 1,500 sq. ft. building to a now 5,000 sq. ft. facility with access to the latest in veterinary technology. Some of the different services we provide include: radiology and digital dental radiology, wellness care, surgery, anesthesia, laboratory and pharmacy services. We also offer consultations with a board certified veterinary surgeon, dentist, radiologist and cardiologist. We have a well-trained staff of doctors, certified veterinary technicians

and receptionists. Some of our staff members have been with us for all of our 12 years in business. We really enjoy creating a positive and uplifting work environment and a comfortable space for our clients and their pets.

Are there any unusual or unique things about your business that you'd like people to know about? When choosing a new space a few years back, I was adamant about staying in the neighborhood. I am proud that we were able to take an existing urban location that was slated for demolition and development and instead, turn it into a beautiful and functional space. I worked closely on the renovation with my husband Holt Fuller, who is an architect and general contractor. We really wanted to improve upon the "bones," of the building and help turn it into a more energy efficient, green space. We have high efficiency appliances, lighting, recycled content flooring, lots of natural light and we have also been a paperless practice since 2008.

How can your business benefit the residents of Jefferson Park? We want the residents of Jefferson Park to know that we are here to serve them and their pets. We pride ourselves on comprehensive, quality care and honest communication with our clients. We love what we do and continue to further our education and expand our network of care so that we can offer the best medicine possible.

What do you think about all the changes going on in Jefferson Park? I think the new businesses in this area are bringing exciting changes and great amenities to a previously overlooked area. We really enjoy supporting local business and are thrilled to see this great neighborhood thriving.

Tell Your Business Story! Tell the story of your Jefferson Park business with a Business Banter feature in the JPUN newsletter. To learn more, contact jeffparknews@gmail.com.

barklocal

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- excludes retail, food & specialty services
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urbanvet
2815 clay st.
denver, co 80211
www.urbanvetcare.com
303.477.1984

WALK, BIKE OR BUS THERE FROM HERE



Walk Run & Wag 5K Run /Walk

Saturday, July 11, 7 a.m.
Sloan's Lake Sheridan Blvd. & 17th Ave.
www.ihdi.org/walk_run_wag.aspx
Cost: \$25

This fun outdoor event benefits International Hearing Dog, Inc. (IDHI) Bring your lovable canine on a leash and be ready to run. IDHI is organizing this family and pet-friendly event to support its program, which trains and places hearing dogs throughout the U.S. and Canada, free of charge.



Drums Along the Rockies

Saturday, July 11, 6:30-10:30 p.m.
Sports Authority Field at Mile High
ascendperformingarts.org/events/datr
Cost: \$15-80

The sights and sounds of marching music's major league have thrilled Denver audiences for decades. Ten of the nation's top drum and bugle corps will entertain in what has become known as a "Broadway musical on a football field."



Southwest Movies at Skyline Park

July 4, 11, 18; August 1, dusk
16th & Arapahoe Streets
www.downtowndenver.com/event/southwest-rink-at-skyline-park
FREE

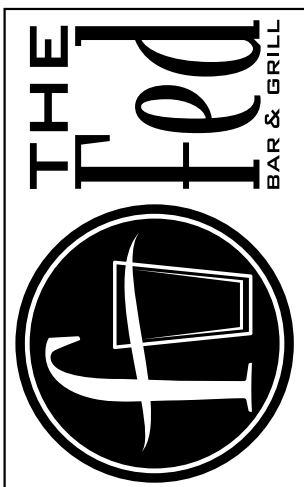
Sponsored by Southwest Airlines, this series is in cooperation with the Downtown Denver Business Improvement District and Denver Parks and Recreation. Movies are scheduled as follows: July 4, Jurassic Park; July 11, Hancock; July 18, Big Hero 6; August 1, Jaws.



Colorado Convention Center Public

Art Tour
Sunday, July 26, beginning at 1 p.m.
700 14th Street
artsandvenuesdenver.com
FREE

Why is that escalator laughing at me? And, what's with the big blue bear peering through the window? Receive these answers, plus experience more public art specifically selected to reflect Denver and Colorado's culture on this fun and educational tour of public artwork in the Colorado Convention Center. Tours require RSVP and are limited to 15 people per tour.



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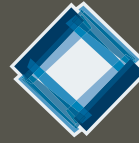
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COMMUNITY

DHA Hosts Sun Valley Master Plan Community Open House #3

Background: In January 2015, the Housing Authority of the City and County of Denver (DHA) launched its community-driven master planning process for a comprehensive redevelopment plan for DHA Sun Valley Homes and Sun Valley community under a HUD Choice Neighborhood Initiative (CNI) Planning Grant. The re-development plan entails a neighborhood revitalization strategy that will lead to public and private sector investment, economic development, commercial and community serving businesses, education, open space, sustainability and safety--as well as mixed-income housing to replace the current 333 DHA public housing units within the identified Sun Valley study area. It is important to note that the Sun Valley redevelopment is rooted and aligned with the adopted Decatur/Federal Station Area Plan and General Development Plan, Greenway Denver Open Space Plan, JumpStart Denver and other local planning and transformation initiatives.

The process to develop the Sun Valley master plan has included countless community, partner outreach meetings, local resident council meetings, Sun Valley RNO and a recent Jefferson Park United Neighbors meeting, and open houses to facilitate authentic community feedback and set priorities.

Focus Groups: Unique to our community-driven master planning process, DHA created eight focus groups in order to best receive and integrate feedback on specific topics of the Sun Valley Master Plan. The focus groups were: Housing, Education, Jobs, Food & Health, Riverfront & Open Space, Lower Colfax, Energy & District Solutions and Connectivity & Commercial. The groups were comprised of residents, community stakeholders, property owners and city representatives that provided expertise as part of the planning process. The groups identified relevant priorities, opportunities, and articulated desired outcomes, which were provided to the planning team. An integration of priorities was then presented at subsequent resident, neighborhood meetings and community open houses.

Open House: DHA hosted three community open houses spaced throughout the planning process, which were open to public and provided updates as to the planning team's process. Our third and final open house was held on June 3 with over 60 attendees. DHA plans to continue outreach with updates as the plan finalizes. The next two months, DHA will integrate final concepts to the master plan in order to produce the final in September and submit to HUD as a requirement for DHA Choice Neighbor Initiative Planning Grant.

Plan Highlights: Some of the plan highlights will be: improved infrastructure, reconnect to street grid and related street improvements for safety and connectivity, water, energy and storm water systems, food cluster striving to provide healthier produce, opportunity and growing space, retail and commercial space, youth services, education cradle-to-career opportunities in coordination with Fairview Elementary and other youth serving providers, open space, mixed-income housing which includes; replacement of the public housing units and incorporating affordable/workforce and market rate housing, as well as a mix of type and product (townhomes & multifamily units).

Sun Valley Redevelopment Vision



COMMUNITY

Research Volunteers Needed to Help Improve 16th St. Mall

Whether you're an urban design and planning student, a professional, a community advocate for complete streets and open space, or you simply have a curiosity for what makes great cities tick, your help is needed. A study titled, "The Mall Experience: The Future of Denver's 16th Street Mall," led by the City of Denver in partnership with the Downtown Denver Partnership, is aiming to guide improvements to the 16th Street Mall that will result in a place where people will want to be more often, and stay longer. To achieve that, with the help of volunteers, and our global consultants, Gehl Architects, we will be studying mall activity and conducting public outreach to identify ways to help the mall reach its full potential as a welcoming place for everyone, in the heart of our vibrant downtown. Volunteers will receive training and help to collect data on the street, using the world-renowned methodologies of Gehl Architects, on various Sundays and a few weekdays throughout the summer of 2015. As a volunteer, you will: learn how to collect research on public life, and how to use that data to guide public quality of life improvements; receive a certificate of survey training; get tasty

refreshments; and meet like-minded urbanites. **Volunteers are needed for the following dates: July 5, 9, 12, 18, 19, 23, 26; August 2 and 9, 2015, between 8 a.m.–12 p.m., 12 p.m.–4 p.m., or 4 p.m.–8 p.m.** If you are interested in helping to make 16th Street Mall a better place by volunteering, contact Loralyn Fabian, Seasonal Researcher, Downtown Denver Partnership, at LFabian@downtowndenver.com or 303.534.6161 ext. 229.



LETTER TO THE EDITOR

The Eliot Street House: A Sordid Colorado Tale of Cannibalism, Attempted Murder & Bribery

Dear Editor of the JPUN Newsletter,

One-hundred-fifteen years ago, a well-respected resident of the Town of Highlands living at 2329 Eliot shot the two publishers of *The Denver Evening Post*. William W. Anderson, an attorney in a dispute over the legal representation of Alfred Packer, pulled out his pistol in a brawl and shot Fred G. Bonfils and Harry H. Tammen in their downtown Denver offices on January 13, 1900.

For those not familiar with Packer, he is known as the “Cannibal of Colorado.” He and five prospectors became snowbound in San Juan area on the Colorado Rockies. Packer is the only one who survived the winter. When he stumbled out into the town of Saguache, he was arrested and found guilty of killing, robbing and eating his companions, all of whom by the way, were supposedly Democrats.



Denver Public Library, Western History Archives. 1906

But back to our friend Anderson, who represented Packer and shot two publishers. This is the story of the rough-and-tumble frontier days in Denver, which made news in every Colorado mining camp and in newspapers from San Francisco to New York. Anderson was tried three times with two hung juries and was finally acquitted the third time when it was clear Bonfils and Tammen had attempted to bribe the jury. The publishers were charged with jury tampering, but acquitted for “lack of evidence” two years later. As for Packer, he was finally pardoned by Governor Thomas and lived out his days in Littleton tending his garden.

The house on the hill at 2329 Eliot is historically important to Denver because of the people who owned the home and who lived there. Historic research shows Charles H. Walker, pastor of the Beth-Eden Baptist Church, platted Block 34 on June 10, 1886 and so it is named as his Subdivision. Walker sold Lots 24 & 25 on September 13, 1887. It is believed the home was constructed in 1888 by Christopher C. Miller during a rapid expansion of streetcar lines to the suburbs. The house at 2329 Eliot was the home of Justus M. Rhoads, described as a “highly respected citizen,” a prominent printer, and publisher of the *Rocky Mountain American*. W.W. Anderson

and family lived in the home during the shooting and while his three trials unfolded in 1900. He appears to have been a renter at that time. He moved away to elsewhere in Denver but returned in 1915 to purchase the home for \$2,500. William W. Anderson, attorney-at-law lived there until his death in January 1930.



Photo by: Jerry Olson

Architecturally, the house is very significant as one of the best of the remaining, intact examples of the large, two-story, Queen Anne-style houses constructed in the Jefferson Park neighborhood. The carriage lot behind it was the site of an artesian well was once owned by the Town of Highlands. A streetcar line ran past 2329 Eliot, running from West 23rd Avenue, crossing Federal, turning left on Eliot, then turning right on 25th Avenue to downtown Denver. Anderson rode the streetcar that January day to his law office in the Cooper Building downtown and then on to his encounter with the publishers across the street.

Walk by the home at 2329 Eliot. You will see a yellow poster advising the public that the Landmark Preservation Commission has scheduled a public hearing for Tuesday July 7, 2015 at 1:00 p.m. in the Wellington Webb building at 201 W. Colfax. The current issue of *The North Denver Tribune* explores the differing opinions about the preservation. You may attend the hearing and if you like, express your point of view by sending a message to town.of.highlands15@gmail.com.

Signed,
Jerry Olson

Drinkin' Good in the Neighborhood

Jefferson Park's newest neighborhood pub
Stop by for a pint, a chat or a snack.

JEFFERSON PARK PUB
2445 Eliot St
Denver, CO 80211
JeffersonParkPub.com
Open Daily 3pm-2am

COMMUNITY

Local Teens Brew Up Entrepreneurial Skills at New Library

By Andrea Garbrecht



Rodolfo “Corky” Gonzales was a Denver native known nationally for his passionate advocacy for the Latino community in Denver. His focus was primarily in the areas of education, political, and economic equality. He founded Escuela Tlatelolco, a charter school for Denver Latinos that taught cultural pride and leadership skills to its students. Earlier this year, Gonzales’ work was recognized again through the grand opening of the Rodolfo “Corky” Gonzales Library, at 1498 N. Irving Street, just off of West Colfax Avenue.

The building’s intriguing exterior and stunning landscape make it



The Rodolfo “Corky” Gonzales Library presents a stunning and colorful exterior with an equally innovative and bright interior. You should see this in color! Sign up for e-newsletter by emailing “E-news please” to jeffparknews@gmail.com.

Photo By Andrea Garbrecht

hard to miss. The inside of the library is also a sight to see. There are meeting rooms, a media lab, computer stations, and even a nice rooftop patio with tables. The building is energy efficient; it was made from recycled materials and features water-conscious strategies and automated controls. One of the

most remarkable aspects inside is the library’s coffee cart. Not only does the cart cure caffeine cravings, it supports a good, local cause.

The coffee cart inside the Rodolfo “Corky” Gonzales Library is run by Strong, Smart & Bold Beans. Bold Beans is a social enterprise of Girls Inc. of Metro Denver. Girls Inc. is a youth organization that provides programming to girls to enable them to achieve their full potential. This organization is an asset to the Denver community because it gives girls skills and experience to become strong pillars of the community. Through working at the Bold Beans Coffee Cart, girls are provided with paid jobs and taught industrial skills. To become a “Bold Barista,” girls are required to participate in a financial literacy, entrepreneurship, comprehensive sexual education, or a college prep class. The cart currently employs six girls ages 15 to 19. They are hiring three more girls for the summer and are looking to expand even more this fall.

Monica Villalobos, of Girls Inc., oversees Bold Beans. She has worked in the non-profit sector for nearly 16 years in youth development, 10 of those years with Girls Inc. Last year she travelled to the Ivy League Barista Academy in Vista California to learn about coffee business management. Villalobos views this cart as an effective educational tool for those involved. **“For our girls, what has proven to be the biggest factors in their success is the development of their sense and self. Our girls are sharp and confident. They find a great deal of empowerment by being involved in all we have to offer them as an organization. We are their guides and mentors, but they most definitely explore and choose their own paths knowing they have**

a community of women and family supporting them the entire way,” said Villalobos.

She added, “Our girls serve as role models for our younger girls and as ambassadors for Girls Inc. of Metro Denver. Not only are our Bold Baristas operating a business, but they are also volunteers, scholarship winners, and interns for our organization. They have been a part of Girls Inc. programming on average eight years and have participated in years of programming. I have known most of our baristas from the time they were six.”



The Bold Beans, Girls Inc. Coffee Cart, located on the first floor of the library, provides quality drinks while also offering the teen girls working there, skills and experience for their futures.

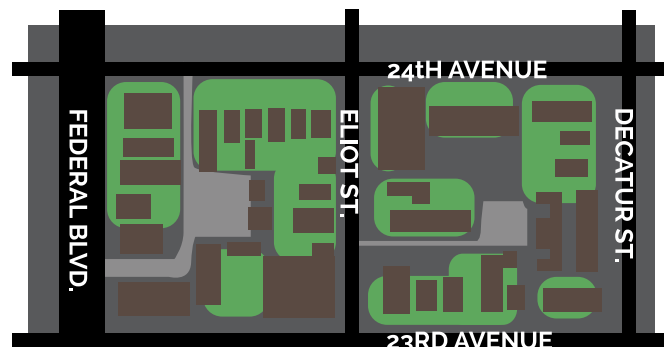
Photo By Andrea Garbrecht

Girls Inc. is a member of the 2013-14 Colorado Nonprofit Social Enterprise Exchange and is always looking for volunteers. If you are interested in becoming involved with Girls Inc., there are opportunities to participate through programming, events, and committees. Bold Beans’ volunteers are also needed to assist with promotions, marketing, and pop-up events.

For more information about Bold Beans or to sign-up to volunteer, visit their website at www.girlsinndenver.org or give them a call at 303-893-4363.

BETCHA DIDN'T KNOW

CARRIAGE LOTS



Two carriage lots, located between 23rd & 24th Avenues, and Eliot.

Back in the 1870s, the Highlands had many plots of land that were formed in square blocks rather than rectangular ones, which permitted all houses to face adjacent streets. This also allowed for a carriage lot, or a turnaround place for carriages, to reside in the center of the block. Although these plots have been or are currently publically owned, some of these carriage lots have been purchased by adjoining landowners. Several in Jefferson Park still remain, largely as gravel lots. People cannot park in these gravel lots; it is against city code.

Sources: <https://history.denverlibrary.org/potter-highlands-historic-district-second-draft>; denverurbanism.com/2014/03/the-disappearing-carriage-lot.html

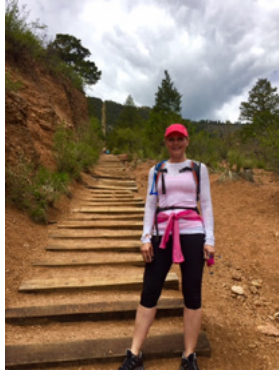
WhatSUP with Dana the Denver Newbie

5,280 feet Isn't High Enough; Let's Climb Higher Together

Dana Slagle

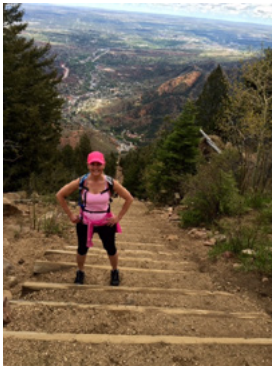
dmslagle@gmail.com

Jefferson Park neighbors, join me in conquering the Manitou Incline on August 15 at 9:00 a.m. Why the Manitou Incline? I grew up on the east coast and I have seen some beautiful sights, yet there is something different about Colorado. I overheard someone on a plane once say, "The east is pretty, but the west is dramatic."



I agree. The mountains are awe-inspiring. I look at them and have the urge to go higher and higher. So that's what I did. What an incredible feeling! A few weeks ago I decided to tackle the Manitou Incline. I am not a super athlete; I consider myself active and I was able to accomplish it. So don't rule yourself out of this adventure (unless you have health issues that would prevent you).

This climb consists of approximately 2,744 steps made entirely of railroad ties. Although it's only one mile in length, the ascension averages a 41% incline (68% at its highest) and a 2,000-foot climb in elevation; that's higher than the Empire State Building. The elevation at the summit is 8,590 feet. If it is a clear day, we can admire gorgeous views of Pike's Peak.



How long does it take? It took me 64 minutes, and I took my time. I took some pictures along the way and enjoyed it. I definitely did no run. I walked and most people that I saw were also walking. I

read that the average length to make the trek is about 45 minutes. Keep in mind you don't come down those same stairs. You take a hiking trail down, which is 4 miles. If you Google "Manitou Incline," you can find a lot of information. I hope you join me - I look forward to seeing our group summit picture in the September edition of JPUN.

Manitou Incline Hike

Date: August 15, 9 a.m.

Meeting Place: Parking lot at the base of the Manitou Incline

Goal: Make it to the top and hold up "Jefferson Park Conquered the Manitou Incline" sign in a group photo

What to bring/wear: Dress for the weather temperature that day and wear trail shoes. Bring water (camelback is highly recommended), sunscreen, a rain jacket, and snacks.

Directions/Parking at the base of the incline: www.manitouincline.com/trailhead-directions

Please RSVP at: www.whatsupwithdana.com (Click on "contact me" and email me if you are a "YES" and leave your contact information)

For more information: www.manitouincline.com and www.pikes-peak.com/want-climb-manitou-incline



AUGUST

8

SEPTEMBER

12

OCTOBER

10

Located on 25th Ave between Eliot Street and Federal Boulevard in the historic Jefferson Park business district.

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www.OnJeffPark.com



Future Development at 25th & Eliot

A mix of classic neighborhood charm and modern finishes, 25th and Eliot will be home to an exciting mixed space right in the heart of Jefferson Park! Offering over 8,000 SF of retail space including an upscale liquor store, and enticing dining experiences, the project also will be home to 20 apartments. Mirroring the architecture of the past, with all of the amenities of the future, the stunning design includes a large shared roof top deck, 45 parking spaces, and Samsung appliances, just to name a few. This project is scheduled to break ground late summer 2015.



We had a great time at the Jefferson Park Clean Up Day and BeeJP Event!

Real Estate Denver Team

Linda Kukulski Miller & Angela Steiner

303.997.4001

www.RealEstateDenverTeam.com
Linda@RealEstateDeverTeam.com



NEIGHBOR OF THE MONTH

Sierra Schwartz, the new JPUN Newsletter Designer

Occupation: Support at a Lighting Representative; Freelance Design

Rent or own? Rent

How long have you lived in

Jeff Park? Two months

What's one word to describe our neighborhood? Beautiful

Favorite business in Jeff Park: Jeff Park Pub

Favorite restaurant in Jeff Park: Sexy Pizza

Hobbies & interests: Walking and bicycling through Denver, Geocaching, which is a GPS-based waypoint finding hobby.

I have also recently become the designer for the Jefferson Park United Neighbors Newsletter. It has been great getting to learn about the area through working on the newsletter. I've also very much enjoyed meeting some fantastic people who are involved in the community.

What's the best part about living in Jeff Park? You are so close to everything! You can visit anywhere in the area easily. Plus, the neighborhood has so many activities to participate in.



Would you like to be neighbor of the month or know someone to spotlight? Email us at jeffparknews@gmail.com.

JPUN



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Biennial of the Americas Festival to Open with Art Unveiling in Commons Park

By Andrea Garbrecht



The *Biennial of the Americas* will host a temporary art project in Commons Park as part of the 2015 *Biennial of the Americas* Festival, which runs July 14-August 30. Founded by Governor Hickenlooper, while he was the mayor of Denver, and supported by Mayor Michael Hancock, the *Biennial of the Americas* is a non-profit organization dedicated to connecting business, cultural and civic interests from throughout the Americas. The organization aims to build lasting relationships and inspire action through dialogue and art. The project, “Implant by Marcela Armas”, who lives and works in San Miguel de Allende and Mexico City, will have sites in Commons Park and in Bosque de Chapultepec, Mexico City. This art will create a dialogue between the two cities, inviting the public in to witness and participate in an unfolding narrative connecting the cities’ geologies and their histories.



Artist Marcela Armas
Source: <http://frestas.sescsp.org.br>

This installation, funded by the Bonfils-Stanton Foundation and presented in collaboration with the Greenway Foundation, is a pilot project for further community-oriented activation of Commons Park in the interest of preserving a safe and enjoyable space for all park users. As well as being open daily for the public to enjoy, with volunteers available to engage visitors in the work, the installation will be host to weekly activities inviting the community to learn about the

geology and history of Denver and Mexico City. The closing of the installation will be marked by a live video link event connecting both cities directly. All are invited to visit the installation, which will open on July 12, from 2-4 p.m. This event is an opportunity to meet Armas and witness the kick-off of this innovative and inspiring work. Visit often, as the installation and the narrative it contains will evolve over the subsequent weeks. Full details and a schedule of events will soon be available at <http://implant.biennialoftheamericas.org>. Volunteers are also welcome to become expert guides of the installation. If you have any questions about this project, or if you would like to volunteer, contact Lauren Wright, Artistic Director and Curator, at lauren@biennialoftheamericas.org or (720) 389-9463.

PICTURE THIS: THEN VS NOW

BEFORE



First photo from:
Images of America;
Northwest Denver,
Mark A. Barnhouse

AFTER

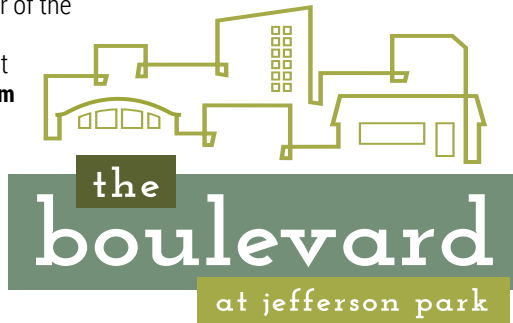


103 Years Later:
Jefferson Park was named for the “patron saint of the Democrats,” according to The Denver Times and was originally a hole in the ground. This photo contrast shows the park in 1912 versus today in 2015.

Do you have an old photo of a location in Jefferson Park that you would like to offer for “Picture This”? We would love to see it! Email us at jeffparknews@gmail.com.

BIZ on the BOULEVARD By Leslie Twarogowski

Co-executive director of the Federal Business Improvement District
www.bizontheblvd.com



It's summertime in the BIZ, and we hope you've enjoyed the patio weather! Over the next few months, you will notice streetscape upgrades around the neighborhood, including planters, bus stop upgrades, and bike corrals. The BIZ would like to thank Councilwoman Susan Shepherd for her generous financial gift to the BIZ that is helping make these upgrades possible. In an effort to reduce vehicle traffic and parking congestion in the neighborhood, the BIZ will install corrals that will accommodate high volume bike parking around our businesses. Please do not lock bikes to patio fences and rails. We hope that this will encourage neighbors and visitors to use alternate modes of transportation.

On Saturday, August 8, please join us for our Denver Days Block Party on West 25th Avenue, between Eliot and Federal. Like our BeeJP event, we'll have local vendors selling unique and affordable goods, in addition to live music and food. Our new market, the Jefferson Park Farm and Flea, will be held September 12 and October 10. If you are interested in becoming a vendor, please email leslie@federalblvd.bid. We look forward to seeing you August 8! Denver's streets, information about Bike to Work Day, the business of bicycling in Denver, how to fix a flat tire, and updates in and around the South Platte River Trail. You can also enter the BikeLife Sweepstakes at bikelifecities.com/sweepstakes15 in order to win a bike or other fun prizes. Copies of BikeLife Denver can be found at bike shops around town as well as City and County of Denver Recreation Centers and the Central Library downtown.

Fit Bits

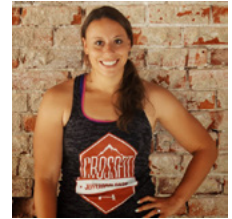
You Can Stay

Fit on Vacation

CrossFit Jefferson Park

Rhianon Schuman

rschuman@crossfitjeffersonpark.com



Summer is officially upon us and one of the best parts of summer is vacation. After putting in long work hours all winter and squeezing in those extra workout sessions, it's finally time to take a break! Whether you're relaxing on the beach or exploring a new city, a time-out from the normal routine can be a wonderful thing. But it can also make it tough to stay fit—all those meals out and indulging in a few (okay, a lot of) cocktails doesn't exactly help either. All that fun means you might return home feeling less than refreshed. The good news is that feeling healthy during and post-vacation is completely possible. Making just a few smart choices will keep you active and energized while helping you get the most out of that vacation. Here are some of CrossFit's top tips:

Try not to bring a strict set of rules with you. Allow yourself to explore new cultures and cuisines. However, be mindful of your food choices so that you don't suffer from negative consequences.

Save room for treats. It is not a sin to try out a decadent local treat, but on days that you know you will be indulging more than usual, try to keep other meals and snacks on the healthier side.

Visit local food markets. They are a great place to soak up local culture and eat delicious, fresh food. You are able to pick what you are eating, and you will even squeeze in some movement as you walk around the market. It's a win-win.

See the sights. But see them on foot or bike. Some cities even offer running tours to let you explore the sights and squeeze a workout in.

Try the local specialty. Break out of a workout rut and use vacation as an excuse to try a new, fun activity. Try surfing if you are heading to the beach, tai chi in China, or take a flamenco dancing class in Spain. It's a great way to learn about different cultures while getting fit.

Make exercise your vacation. A way to make sure you will be active while traveling is by planning a getaway around a fitness event or competition. If you want to run your first marathon and want to visit San Francisco, combine the two for the 26-miler race at the end of July.

Check out amenities first. Make it easy to squeeze in a workout by booking a hotel with a gym or pool. If that cute little boutique hotel doesn't have a gym, scope out the neighborhood and make sure there is somewhere nearby where you can run, lift weights, or do the fitness activity that you like to do.

Work out anywhere. Bodyweight exercise can be done anywhere and requires zero equipment plus relatively little space. Here is a great little workout that can be done in the comfort of your hotel room: 20 rounds of 5 push-ups, 5 air squats, and 5 sit-ups. Keep work away. It is vacation after all. Resist the urge to check work e-mails and focus on having fun connecting with your family and friends. It will keep your mind clear and allow you to decompress.

Free your mind. Meditating for just a few minutes each day can help relieve anxiety and stress.

Cheers to you getting the most out of your time off by doing activities that you enjoy, keeping your cell phone off, and sharing time with friends and family (or even some alone time).

Jump Start your fitness

The secret to getting ahead of your goals this New Year's is getting started! Tell us you saw our ad in the Jeff Park News and enjoy **2 weeks of unlimited** CrossFit.

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COMMUNITY

16th St. Mall to Feature 'Meet in the Street' Series



The Downtown Denver Partnership and the Downtown Denver Business Improvement District are excited to announce "Meet In The Street" to its Downtown Denver residents and residential communities. Meet in the Street encourages people to get outside, walk, bike, eat and enjoy the 16th Street Mall in a new and different way for five different Sundays this summer. Join in this fun event on June 28, July 5, July 19, August 2, and August 9, all from 11 a.m.-6 p.m. Community members can: stroll, bike and play on the mall, enjoy brunch or happy hour on your favorite restaurant patio, meet up with friends, participate in games and surprises for young and old, be entertained by live, local music and much more. Family-friendly programming is planned from 11 a.m. to 6 p.m. between Tremont and Lawrence Streets. The Free MallRide service will be detoured onto 15th (toward Union Station) and 17th Street (toward Civic Center station) all day via the Free MetroRide busses. For more information, e-mail to wbuker@downtowndenver.com or visit www.downtowndenver.com/events/meet-in-the-street.



Residential Parking Permits

To apply for a NEW residential parking permit, mail your permit application to the PW Parking Office (201 W. Colfax Ave., Dept. 110, Denver, CO 80202) or apply in-person between 8 a.m. and 4:30 p.m.

Be sure to bring in copies of all FOUR documents below:

1. A completed application: <http://bit.ly/1u4F0ay>
2. A copy of ONE of these documents dated within the last 30 days:
 - Utility bill (gas, electric, water)
 - Telephone bill (land line)
 - TV or Internet bill
 - Current auto or home insurance document
3. A copy of your valid driver's license
4. A copy of your current vehicle registration

If approved, please allow up to four weeks for permit processing and mail delivery. Visit www.denvergov.org for full details.



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Send your stories, comments or ideas to our Jefferson Park Editor, Holley Petrick at jeffparknews@gmail.com.

ADVERTISE

Advertising in the JPUN Newsletter generates business for you and keeps the newsletter thriving. Contact Sierra Schwartz for information on advertising. jeffparkads@gmail.com | Rates subject to change.

- Full Page Ad: \$210
- 1/2 Page Ad: \$150
- 1/4 Page Ad: \$70
- 1/8 Page Ad: \$50

All advertisements, photos and article submissions for consideration in the following issue are due by the 21st of the month.

COMMUNITY RESOURCES

Police, Fire or Medical - EMERGENCY	Dial 9-1-1
Gas Leak or Electrical Emergency - Xcel	800-895-4999 select #1
City of Denver 311 Help Center	3-1-1 or 720-913-1311
Police - City Non-Emergency Information	720-913-2000
Police - District 1 Station Information only	720-913-0400
Denver Public Library	720-865-1111
Regional Transportation District	303-299-6000