

JPUN

SEPTEMBER NEWSLETTER

A NON-PROFIT ORGANIZATION SERVING OUR NEIGHBORHOOD

A Publication of Jefferson Park United Neighbors

JEFFERSON PARK NEWS

www.jpun.org



JPUN

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NEXT JPUN MEETING

JPUN General Membership Meeting
 Tues., September 11th
 6:30 - 7:30pm
 Riverside Baptist Church
 2401 Alcott Street
 Rear Chapel

UPCOMING MEETINGS

JPUN Land Use Committee
 Contact Rafael @
 303-815-0506
 or espinr@gmail.com

HAPPY HOUR

Pizza Public
 Thursday, Sept 27th, 4 - 7pm
 3109 Federal Blvd
 4 out of 5 Star Reviews

JPUN YAHOO GROUP

Get neighborhood updates at
<http://groups.yahoo.com/group/jpun/>

SUPPORT JPUN

As a non-profit 501(c)3 organization, your contribution to JPUN is tax deductible. Send your contribution to: JPUN, 2240 Clay St #200, Denver, CO 80211



Jefferson Park United Neighbors is on Facebook!

Dear Neighborhood Resident:

The 2012 Komen Denver Race for the Cure® committee would like to thank you for your past support. We are happy to announce that the 2012 Komen Denver Race for the Cure will be held on Sunday, October 7th at the Pepsi Center. The Komen Denver Race for the Cure is the largest 5K charity race in Colorado and one of the largest Race for the Cures in the nation.

We would like to make you aware of how this event may impact you on Sunday October 7. The race route will begin going north bound on Speer Boulevard from the Pepsi Center; it will then turn left onto 29th Avenue then south onto Federal Boulevard, and will continue down to 18th Avenue. Participants will head east on 18th Avenue and turn right onto Mile High Stadium Circle West. Continuing on, participants will turn left onto eastbound Colfax Avenue and circle around to Auraria Parkway to finish up once again at the Pepsi Center. We have included a map of the race course and a listing of street closures with this letter. In order to exit the neighborhood east of Federal, you may choose to use the 23rd Avenue entrance ramp onto I-25 and exit at the next open ramp. This will be the easiest way out of the neighborhood during the street closure. The streets will reopen once the last participant has completed the race. We apologize in advance for any inconvenience this may cause you.

We encourage you to get together with your neighbors, friends and family to form a team or register individually to participate in the 2012 Komen Denver Race for the Cure and join us in the fight against breast cancer.

You can find more information about Race Day on our website at www.komendenver.org/race. Thank you.

Estimados Vecinos y Amigos:

El Comité organizador de la Carrera Komen Denver Para la Cura del Cáncer 2012 agradece a cada uno de ustedes el apoyo que nos brindaron el pasado año. Nos orgullece y llena de alegría informarles que la Carrera Komen Denver Para la Cura del Cáncer 2012 (Komen Denver Race for the Cure 2012) será el próximo domingo 7 de octubre del 2012 en el Pepsi Center.

A través de este comunicado queremos informarles sobre la ruta que seguirá la carrera con el fin de que ustedes estén preparados en caso que los eventos de esta competencia les alteren su rutina normal. La carrera se iniciará en el "Pepsi Center" tomando Speer Blvd. en dirección norte, después dando vuelta a la izquierda sobre la Avenida 29, y después al sur sobre la calle Federal, continuando hasta la Avenida 18. Los participantes se dirigirán al este en la Avenida 18 y doblarán a la derecha sobre Mile High Stadium Circle West. Continuando, los participantes doblarán a la izquierda sobre la Avenida Colfax y circularán hacia Auraria Parkway para terminar otra vez en el Pepsi Center. Junto a esta carta incluimos un mapa de la ruta de la carrera y una lista de las calles que estarán cerradas. Para salir del vecindario al este de la Federal, puede elegir utilizar la rampa de entrada de la Avenida 23 hacia la carretera I-25 y salir en la siguiente rampa. Ésta será la salida más fácil del vecindario durante el tiempo que estas calles estén cerradas. Las calles abrirán de nuevo una vez que el último participante haya terminado la carrera. Les pedimos anticipadamente disculpas por los inconvenientes que podamos causarles a ustedes y a sus negocios.

Los invitamos a que con sus amigos y familiares formen un equipo o se registren individualmente para la Carrera Komen Denver Para la Cura del Cáncer con el fin de ayudarnos en la lucha contra el cáncer del seno. Puede encontrar más información sobre este evento en nuestra página de internet: www.komendenver.org/espanol. Gracias.

RACE FOR THE CURE 2010 COURSE MAP



Street Closures The following streets will be closed from 4 a.m. to approximately 1:00 a.m. on Sunday, October 7:

- Auraria Pkwy. from I-25 to 14th St.
- Speer Blvd. from Larimer St. to Federal Blvd.
- 29th Ave. from Zuni to Hazel Ct.
- Federal from 32nd Ave. to 14th Ave.
- Colfax from Irving St. to Kalamath
- 15th St. from Delgany St. to Market St.

This includes all ramps at: Colfax & Federal; Colfax & Auraria; I-25 & Colfax; I-25 & Speer

Sunday, October 7th | Pepsi Center



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Jefferson Park Pet of the Month



Name: Paloma • Breed: Lab • Owner: Jeff & Gretchen

Fatty Paloma is 13. She loves chasing butterflies. Loves her ducks (toy) and always has a stuffed animal in her mouth. Don't let her size fool you, she is our trail blazer. She lives with 2 other dogs but she is the leader of the pack.

Would you like to see your pet featured? Please send a photo and a few tidbits about your favorite pet to Cristin at ckcouzens@gmail.com or drop it in her mailbox at 2819 W. 25th St. Or maybe, Jerry the "pet whisperer" will catch you in the park!

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Twice as Nice

Relax. Gather. Connect.

MUSIC
at
JEFFERSON PARK

Music at Jefferson Park brought friends and families in northwest Denver together for an end of summer Irish jig. Once again the grassy bowls of Jefferson Park was the perfect place to be on Sunday, August 19 for a picnic, food trucks, and music from The Indulgents, "Denver's Shamrockingest Band".

JPUN feels this is a great way to showcase our namesake park and neighborhood and help build a community we can all be proud to be a part of.

Given the success of the concerts in 2012 we hope to have monthly concerts in June July and August of 2013.

JPUN is looking for someone who would like to chair this event. The blueprint has already been created and we are looking for a champion for even bigger and better events next year.



Please thank these local businesses that made Music at Jefferson Park a reality. Putting on a concert is no modest task. It takes thousands of dollars with promotion, permits, staging, band, etc... These businesses are truly investing in our neighborhood.

Presented by - Colorado Audio Group



Colorado Audio Group



PARKING RESTRICTIONS IN JEFFERSON PARK

The next JPUN Meeting, Sept 11th, will host Representatives from Denver's Parking Operations. They will present findings from a parking analysis conducted during stadium events in 2011-2012. We will discuss current parking restrictions and what improvements are being suggested. With new development and density coming to Jefferson Park, this issue should be of critical importance to the neighborhood.

Currently most of Jefferson Park is under these parking restrictions. If you do not possess an A sticker or resident hang tag you are subject to a ticket or tow during these days and times. Monday - Friday: 6PM-9PM | Saturday - Sunday: 12PM-9PM

JPUN Meeting on September 11th, Rear Chapel at Riverside Baptist, 6:30pm

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www.urbanvetcare.com



Mi Casa Neighborhood Center at Lake Middle School

www.micasadenver.org

The Mi Casa Neighborhood Center is located on the Lake Middle School Campus in northwest Denver and serves the youth and families at Lake with out-of-school time enrichment programs, including evening classes for adults.

Mi Casa serves 500 youth annually during 40 weeks of afterschool, evening and summer programming focused on these core areas:

Academic Enrichment | Technology | Arts and Culture | Recreation
Leadership | Entrepreneurship

Career Exploration

The Mi Casa Neighborhood Center adheres to the Beacon Center model that utilizes a public school as a community center, offering a range of activities and services for children and their families during out-of-school time. The Mi Casa Neighborhood Center is a resource for the entire family.

At Lake, Mi Casa offers programs for adults that make it a rich resource for parents as well as their children:

ESL classes | GED preparation | Bilingual computer literacy seminars

Case management and individual service referrals

In addition to the Homework Zone, which helps youth with homework assignments and provides academic tutoring, activities at the Neighborhood are structured around clubs that allow students to choose a primary activity that piques their interest.

**Mi Casa Resource Center -
Neighborhood Center at Lake Middle School**

1820 Lowell Blvd.

Denver, CO 80204

303-571-1881 (phone)

303-571-1883(fax)

cbuchanan@MiCasaResourceCenter.org

Mi Casa Neighborhood Center at North High School

At the Mi Casa Neighborhood Center at North High School, Mi Casa offers afterschool academic and enrichment programming to help students succeed in school, develop their leadership potential, learn about technology, and explore career paths. The Mi Casa Neighborhood Center offers North students afterschool tutoring services focused on math and reading. Through service learning, North students involved in the Mi Casa Neighborhood Center will build leadership skills by serving as peer mentors to younger students on the Lake Middle School campus.

At the Mi Casa Neighborhood Center at North, Mi Casa also offers the Digital Connectors program. Digital Connectors teaches youth ages in-depth digital literacy skills and gives them the opportunity to share their knowledge with the community. Digital Connectors gives youth a key role in narrowing the digital divide, or the gap between people with access to computers and information technology and those without.

Participants in Digital Connectors are required to make a substantial time commitment to the nine-month program, which meets twice a week in the evenings. Students are also expected to participate in digital-centered community service.

Digital Connectors are rewarded for their hard work and service with technology tools to take home, including a desktop computer, a USB drive, and a flip camera!

For more information about the Mi Casa Neighborhood Center at North High School, please contact

Andrea Herrera Moreno at 720-423-2731 720-423-2731

or email aherreramoreno@MiCasaResourceCenter.org.

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Denver's Best Pedestrian Places!



2 - Lower Highlands (LoHi) Thanks in no small part to a series of public investments in pedestrian infrastructure - the 16th Street Mall, parks along the Platte, and bridges that traverse the river and the railways - the Lower Highlands has come into its own.

Private investments that followed saw an explosion of locally-owned businesses as well as new architecture and housing.

From great views of Downtown Denver to unique shops at every corner, all along pedestrian-scaled streets, LoHi offers incredible experiences to walk.



Mission WalkDenver creates and advocates for quality walkable built environment that fosters healthy lifestyle and economic growth.

Vision Our vision for Denver is to become a network of well-connected neighborhoods that are people-focused, culturally vibrant, active, and economically thriving.

For more information, visit: www.walkdenver.org

What are the places that make you want to be outside? What makes them special? Is it street trees, landscaping, traffic volume, traffic speed, lighting, buildings, lack of buildings?

Over the summer, WalkDenver volunteers asked Denver citizens these questions at events such as Better Block Jefferson Park and Viva Streets in Park Hill, as well as by online surveys.

While we received a great variety of responses, the people have spoken! **Denver's Top 3 Best Pedestrian Places are:**

1 - The 16th Street Mall The heart of Downtown Denver. Now 26 years old, the Mall is among the most successful pedestrian streets in the country, providing a vibrant commons where all are welcome.

The factors that make the Mall so attractive to so many include its variety of uses - shops and restaurants, housing and offices - that keep the street alive both day and night.

Granite pavers, flower pots, furniture, fountains, and even streetside pianos create a welcoming space well-defined by the pedestrian scale buildings along the corridor.



3 - City Park A uniquely different pedestrian space than the previous two, City Park is a node between many diverse communities and populations along Colfax and Colorado, a gem to be enjoyed by any and all.

The physical, stately beauty of City Park, restful and fun all at once, offers some of the finest views of Downtown Denver and the mountains beyond. Mature trees, gardens, lakes, and sweeping lawns define the park.

The Park offers further uses than relaxation, hosting Jazz in the Park and other events as well as connecting people to both the Denver Zoo and the Denver Museum of Nature and Science.

How do you feel about these places?

Where in your community are great places to walk?

Where are some not so great places, and what can you do to make a difference?

Our public realm reflects our society, demonstrating what we value and how we live. Our shared places reflect who we are as a community.

These Top 3 Pedestrian Places reflect some of the best places to walk in Denver - next month, we'll shift perspective a bit and look at Denver's best Potential Pedestrian places!

The Upper Room - A Breath of Fresh Air at 25th and Clay

by Cristin Couzens

When Pastor Derwood Tate decided to relocate his church to Jefferson Park, it was somewhat of a homecoming. He and his wife, Nancy, were married at the Riverside Baptist Chapel in 1983. Before that, they both worked at Diamond Hill. "They didn't call it the Highlands then," he told me, when we sat down to chat at 2914 Coffee.

Originally from the south side of Chicago, Pastor Tate started The Upper Room United Pentecostal Church when he was 25 years old and since then has been sharing space with other churches. "It wasn't ideal," he said. Three years ago, while operating in Highlands Ranch, he happened to drive by the church property at 2450 Clay Street and saw the for sale sign. But the timing wasn't right. This year, he signed a 3-year lease with the hope, as membership grows, to buy the property in the future. And while they have been working hard to clean up the building, they still have a long way to go. They'd like to refurbish the brick, tear out the concrete and put down sod.

Eventually, Pastor Tate would like to open the building to the community. "We want people to feel we're going to add to the neighborhood, a breath of fresh air."

The Upper Room United Pentecostal Church has approximately 80 members. Their mission is as follows:

Their Mission:

The Upper Room United Pentecostal Church is committed to reach every part of Metropolitan Denver, Colorado with the message of Pentecost. We will be faithful to the mission established by Jesus Christ in the call to be witnesses according to Acts 1:8. Our desire is to provide an environment for discipling, training, and equipping the saints of GOD to do the work of the ministry. It is our wish to share the Good News of Jesus Christ with the hundreds of thousands of residents in the greater Denver metropolitan area and to welcome many new members into the fellowship of our church family.

Services:

Sunday Praise: 10:00am

Wednesday Praise: 7:30pm

Saturday Morning Prayer: 6:00am

Located at 2450 Clay St Denver, CO 80211

For more information, visit: <http://upperroomupc.com/>



Sports Authority Field Neighborhood Calendar 2012

*Parking restrictions including Zoning Enforcement and Right of Way Enforcement will likely be scheduled for this event. Illegally parked vehicles in the neighborhoods surrounding Sports Authority Field at Mile High may be ticketed and towed.

September 9	* Denver Broncos vs. Pittsburgh Steelers	6:20 pm 9:20 pm
September 16	Bridal Festival	12:00 pm 4:00 pm
September 16	Fans on the Field	6:00 am 1:00 pm
September 19-30	Ride and Drive	8:00 am 5:00 pm
September 23	* Denver Broncos vs. Houston Texans	2:15 pm 5:15 pm
September 30	* Denver Broncos vs. Oakland Raiders	2:05 pm 5:05 pm
October 28	* Denver Broncos vs. New Orleans Saints	6:20 pm 9:20 pm
November 18	* Denver Broncos vs. San Diego Chargers	2:15 pm 5:15 pm
December 1	* CHSAA Football Championships	11:00 am 5:30 pm
December 2	* Denver Broncos vs. Tampa Bay Buccaneers	2:05 pm 5:05 pm
December 23	* Denver Broncos vs. Cleveland Browns	2:05 pm 5:05 pm
December 30	* Denver Broncos vs. Kansas City Chiefs	2:15 pm 5:15 pm
January 27	Bridal Festival	12:00 pm 4:00 pm

Coffee Jazz Mixer with Special Guest Former Denver Bronco, Super Bowl Champion, and new "Ring of Famer" Rod Smith

Come join us as Rod Smith shares with us how he replaced his NFL income by becoming a home distributor with Organo Gold Coffee.

Date: October 8th, Monday

Time: 7pm

Where: 2507 Bryant Street

RSVP: 720-532-4638

www.organogold.com



Repealing TABOR Tax Refund

Councilperson Shepherd will be at Sept 11th's General Membership meeting to discuss this proposal.

Recently, Denver City Council passed a measure that supports Mayor Hancock's legislative proposal to secure City services. While the most recent structural budget proposal from the Mayor includes several new cuts, the Mayor believes we've come to a point at which Denver citizens have to consider that we may not be able to successfully cut our way out of the fourth straight year of a budget deficit. The 2013 budget has a deficit of \$94 million dollars and about half can be addressed through cuts to employee benefits and agency reductions. For the remaining deficit, the Mayor has proposed a phased approach to repealing the TABOR tax refund, which voters will decide on in November. This proposal avoids new fees and/or taxes and is an approach many other Colorado cities have taken. In fact, the citizens of 232 of the 271 cities under TABOR have repealed the tax credit provision to date. If approved by voters in November, the funds would allow Denver to preserve and shore up past investment in some key City services.

Please note this proposal does NOT affect the very popular TABOR provision that requires voters to approve tax increases. Watch for your voter's blue book guide for the bill language and pro and con arguments. You can also find more information about the bill language or the Mayor's current structural budget on the DenverGov.Org website.

Which City services this measure would shore up?

Below, are some of the services included in this proposal.

STREETS - repave 300 lane miles of city streets that are in the worst shape, many of which have not been resurfaced in 20 years

LIBRARIES - increase all library branch hours from average of 32 per week to 48 per week

PUBLIC SAFETY - hire new police officers (first time in four years) and fire fighters and replace fleet vehicles with more than 175K miles

CHILDREN - restore and preserve after-school and recreation services for Denver's kids

PARKS - restore/reopen some un-maintained Parks amenities

SENIORS and DISABLED - increase the City's property-tax credit for low-income senior citizens and people with disabilities

BUSINESS -- four-year moratorium on the Business Personal Property Taxes for new equipment purchases



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El Centro de Vecindario de Mi Casa

El Centro de Vecindario de Mi Casa, ubicado en la Escuela Lake Middle, ofrece programas de después de la escuela, y programas del verano para jóvenes, y programas de enriquecimiento y educación para sus padres. El Centro de Vecindario utiliza la escuela pública como un centro de la comunidad y sirve estudiantes en los vecindarios con la más alta necesidad. El centro hace participar toda la familia para que ellos puedan superar los desafíos que los enfrentan.

Mi Casa sirve 300 jóvenes cada año durante 40 semanas de programas después de escuela y programas del verano.

Los programas enfocan en estos temas principales:

- Enriquecimiento académico | Liderazgo
- Tecnología | Deportes y Bienestar | Artes y Cultura

En adición a la "zona de tarea," Mi Casa ofrece programas que interesan y desafían a los estudiantes. Ellos pueden elegir las actividades en que quisieran participar. Los programas son amplias e incluyen programas enfocando en el entrenamiento de liderazgo, la preparación universitaria, las ciencias y la tecnología.

Mi Casa enfoca en la inclusión de toda la familia en sus programas del desarrollo de los jóvenes. Por eso, El Centro de Vecindario de Mi Casa ofrece programas a adultos para que proveer un recurso para los padres en adición a sus hijos. **Algunos cursos para ellos incluyen los siguientes:**

- Clases de Inglés
- Clases de preparación para GED
- Clases del ser padres
- Clases de los conocimientos de computación
- Clases de los conocimientos de finanzas

Para más información sobre el Centro de Vecindario de Mi Casa, llame al 303-571-1881.

CASASTART

CASASTART es un programa nacionalmente reconocido de manejo intensivo, lo cual Mi Casa ofrece en la Escuela Lake Middle. El objetivo es alcanzar a los niños de alto riesgo para que eviten el abuso de drogas y alcohol, la delincuencia o/a el fracaso académico. El personal de Mi Casa construye relaciones positivas con estos jóvenes y sus familias para proveer una estrategia holística de apoyo para estas familias. Servicios incluyen actividades después de la escuela y durante el verano, servicios educativos, programas de incentivo y de seguridad comunitaria, y apoyo con el sistema de justicia para delinquentes juveniles.

Para información sobre el programa CASASTART, favor de visitar www.casastart.org o llame al Centro de Vecindario de Mi Casa al 303-571-1881.

Conectores Digitales

Conectores Digitales es un programa para jóvenes que los enseña habilidades digitales. La programa también aumenta las conversaciones en los vecindarios así los estudiantes reciben la oportunidad de compartir su conocimiento tecnológico con otros miembros de su comunidad. Los programas del Centro de Vecindario de Mi Casa trabaja para superar la división digital (la separación entre las personas con acceso a las computadoras y información tecnológica y las personas sin acceso que ocurre por el estatus económico).

Actualmente, 20 jóvenes participan en Conectores Digitales donde aprenden conocimientos informáticos que compartirán con la comunidad durante seminarios de computadoras, los que son gratuitos. Los participantes de Conectores Digitales reciben herramientas tecnológicas (como una computadora, un USB, y una cámara).

Si quisiera más información sobre los Conectores Digitales, contacte a Andrea: (303) 539-5619
aherreramoreno@MiCasaResourceCenter.org

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Tips from Family Star Montessori School:
The Sleeping Routine *By Lauren Ross, Mental Health Consultant*

With the new school year continuing and summer coming to a close, you may be considering your child's sleep patterns to ensure he/she receives enough sleep. Many families report that bedtime and naptime is a challenge for their children. Some children have a difficult time settling down and remaining asleep, and for some families going to sleep can be a daily battle. Having a routine for your child's sleep pattern helps to create predictability for children and will help to minimize the bedtime blues.

Here are some helpful suggestions to assist your child with falling asleep:
 • Develop a regular bedtime – children require sleep for their bodies to grow. By maintaining the same bed time and nap time for children, they begin to predict the sleep/naptime and be prepared for this schedule.

Age	Hours of Sleep
0 - 2 months	10.5 - 18
2 - 12 months	14 - 15
1 - 3 years	12 - 14
3 - 5 years	11 - 13
5 - 12 years	10 - 11

- Develop a bedtime and naptime routine – having the same routine during naptime and bedtime helps your child learn the predictability of the sleep routine. Create a routine that is soothing for both you and your child and involve relaxing activities in the routine. A bedtime routine may look like: bathing, dressing in pajamas, playing soothing music, having special time with your child to learn about his/her day, singing a song, reading a book, or praying with your child, and saying goodnight to your child. It is important to follow the same routine daily so that your child knows what to expect; consistency is key to having a smooth bedtime.
- Use transitional objects – if your child has become attached to a “lovey” use this object to help soothe your child. This object can help to ease the parent separation when you are out of your child's room.
- Avoid stimulating activities before bedtime – watching television, playing video games, or eating fattening and sugary goods prior to bedtime can increase your child's energy and stimulate them before bed, making it difficult for children to fall asleep.
- Put your child down to sleep while he/she is still awake – while it may seem easier to put your child to bed already asleep, this practice prevents the child from learning how to go to sleep on his/her own.
- Expect that your child may cry – it is difficult for some children to fall asleep. It is important that you develop a plan if your child should cry. You may want to check on your child a few minutes after putting them to bed to reassure him/her. Whatever you decide as your plan of action, remain consistent in how you decide to respond.



Consejos de la Escuela Family Star Montessori:
Rutinas para Dormir
 Por nuestra consultora de salud mental Lauren Ross

Con el comienzo de un nuevo año escolar y el verano terminando, es importante considerar el patrón del sueño de su niño/a para asegurarse de que duerma lo suficiente. Muchas familias reportan que a sus niños se les dificulta la hora de la siesta y dormir por la noche. Algunos niños tienen problemas tratando de dormir y seguir durmiendo, y para algunas familias la hora de dormir puede convertirse en una batalla diaria. Tener una rutina para establecer un patrón para dormir ayuda a que sea algo predecible y a minimizar los sentimientos negativos asociados con ir a dormir. Aquí le ofrecemos algunas sugerencias útiles para ayudar a su niño/a a que se duerma:

• Establezca una rutina asociada con la hora de ir a dormir – Los niños necesitan dormir para crecer sanamente. Al mantener los mismos horarios de siesta y para dormir por la noche, los niños empiezan a predecir cuándo es hora de dormir/tomar la siesta y se preparan para este horario.

Edad	Horas de sueño
0 a 2 meses	10.5 a 18
2 a 12 meses	14 a 15
1 a 3 años	12 a 14
3 a 5 años	11 a 13
5 a 12 años	10 a 11

- Establezca una rutina para ir a la cama por la noche y para dormir la siesta – Tener la misma rutina durante la siesta y por la noche ayuda a que el niño aprenda que la rutina del sueño es predecible. Establezca una rutina que sea tranquilizadora tanto para usted como para el niño, e incluya actividades relajantes en la rutina. Por ejemplo: bañarse, ponerse la pijama, tocar música suave, pasar unos momentos con su niño/a para saber qué hizo durante el día, cantar una canción, leer un libro o rezar juntos, y decirle buenas noches a su niño/a. Es importante seguir la misma rutina todos los días para que su niño/a sepa qué esperar; la regularidad es fundamental para ir a dormir sin dificultades.
- Utilice objetos para la transición – Si su niño/a está apegado a algún objeto preferido (una manta, un muñeco de peluche), utilice este objeto para calmarlo/la. Este objeto puede ayudar a aliviar la separación de los padres cuando dejan al/la niño/a solo/a en su habitación antes de dormir.
- Evite hacer actividades estimulantes antes de dormir – Evite ver la televisión, jugar video-juegos, o comer alimentos grasosos o azucarados antes de dormir porque pueden aumentar la energía de su hijo/a y estimularlo/a antes de ir a la cama, lo que hace difícil dormirse.
- Ponga a su niño/a en la cama cuando todavía esté despierto/a – Aunque parezca más fácil ponerlo/a en la cama cuando ya esté dormido/a, esta práctica previene que él/ella aprenda a dormirse solo/a.
- No se sorprenda si su niño/a llora – Es difícil dormirse para algunos. Y es importante que usted tenga un plan preparado si su niño/a llora. Puede visitarlo/la en la cama unos minutos después de acostarlo/a para asegurarse que todo está bien. Cualquiera que sea su plan de acción, manténgase firme/signa la misma rutina en como decida responder.

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Safety Zone

West Colfax / Federal Blvd. Cop Shop Grand Opening Announcement

**The West Colfax / Federal Blvd. Cop Shop Board and Volunteers
Cordially Invite You to the Grand Opening of the New Shops**

When: September 18, 2012

Time: 5:30 P.M. – 7:30 P.M.

Where: 5094 West Colfax Ave., Denver, CO 80204

WE WILL ALSO BE OFFERING:

Food and Beverages

Activities for children

A tour of the location

Denver Police Department Presence

After over a year of waiting and preparing, the newly established West Colfax and Federal Blvd. COP Shops are opening their doors. Please stop by and learn more about what a COP Shop can offer your community, meet with volunteers, and learn more about the collaboration between these volunteers and the Denver Police Department that is the foundation for every COP Shop.

The Denver Police Department has offered to have present several of their crime fighting tools, such as: representatives from their Canine Unit; SWAT members; the Mobile Command Post; and possibly their Simulator.

PLEASE JOIN US.

WE LOOK FORWARD TO MEETING YOU AND BEING A PART OF YOUR COMMUNITY

**Denver Police Department, District One
Commander Paul Pazen | Crime Information Bulletin
September 5, 2012**

District One Police want you to BE AWARE of several reports of garage burglaries in the northern neighborhoods of District 1 including the greater Berkeley/ Regis and Sunnyside neighborhoods. Most incidents have occurred at night with tools and electronics being stolen. Some related arrests have been made. The investigation remains ongoing.

Please practice the following and remain vigilant:

- Always close and lock your garage door as you exit Always keep service doors and garage-to-house doors locked with dead-bolts
- Secure your bay door manual release with zip-tie or security device - for information contact Dist 1 CR0 or see Youtube www.youtube.com/watch?v=viQYB49F8QA
- Always Use exterior lighting near doors - motion detector or dusk/ dawn sensors
- Consider adding alarms or chime modules to service and bay doors
- Never keep unsecured valuables or firearms in your garage

Please Report All Suspicious Activity - IMMEDIATELY
9-1-1 / Emergency
(720) 913-2000 / Non-Emergency

Nuisance Abatement in Action

by Tom Blyth

In last month's "Safety Zone" Denver's Nuisance Abatement Law (NAL) was discussed with information on how to contact our Neighborhood Police Officer - Technician Carlos A. Montoya – Phone 720.913.0461, to report a perceived nuisance.

This month we have an example of how that NAL has been applied.

In the most recent crime statistics presented by Sgt. Robert Waidler of DPD District 1, it was striking that nearly 30% of the crime reported occurred in the vicinity of 26th and Zuni. Two separate public nuisance activities that transpired at the Knight's Inn Motel resulted in a nuisance abatement plan being instituted with this property. In implementing this strategy the owner/manager of the property has thirty days to come in to voluntary compliance with the plan. If an inspection shows that compliance has not been achieved, the City and County of Denver may pursue criminal and civil penalties against the owner/manager.

The list of particular provisions that constitute compliance to the plan is extensive, covering 17 specific requirements of the owner/manager of this property. These conditions include knowing and verifying the identification of exactly who is occupying a room and not allowing access to the property by individuals who have been identified as problematic. Further provisions of the abatement plan require that the property be properly maintained, free of trash and graffiti. Under the plan the property must have 24/7 video monitoring equipment and licensed private security from sun down to sun-up, seven days a week. In addition to the thirty-day inspection the property will be monitored and checked by DPD for compliance for the one-year term of the abatement plan. If compliance is not maintained during the one-year period the city may again pursue civil or criminal penalties. When followed, this nuisance abatement plan will greatly reduce the likelihood of additional instances of public nuisance or unlawful activity at this property and will ultimately have the effect of lowering the overall crime in our neighborhood.

If you feel that there is a property within the Jefferson Park neighborhood that could benefit from having similar abatement enforcement please contact Officer Montoya.

Denver City Council Representatives

Susan K. Shepherd, Council District 1

720-337-7701 | Susan.Shepherd@denvergov.org

Robin Kniech, Council-at-Large

720-337-7712 | kniechatlarge@denvergov.org

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Send your stories, comments or ideas to Cristin Couzens or Jerry Olson
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COMMUNITY RESOURCE

Police, Fire or Medical - EMERGENCY	Dial 9-1-1
Gas Leak or Electrical Emergency - Xcel	800-895-4999 select # 1
City of Denver 311 Help Center	3-1-1 or 720-913-1311
Police - City Non-Emergency Information	720--913-2000
Police - District 1 Station Information only	720-913-0400
Denver Public Library	720-865-1111
Regional Transportation District	303-299-6000